

HIS MARKS ON ME

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International Chavara Cancer Research Institute
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Nedumangad, Thiruvananthapuram.

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PUBLISHER'S NOTE

Dr. K.K. Mathew's 'His Marks on Me' is a voice crying out on the Earth, that he receives God's limitless mercy as His marks on his body through his firm faith in Him. Jesus Christ draws His marks on his dear ones. As Jesus wants to show His love and affection to Dr. K.K. Mathew, he uses him as a beautiful canvas to draw His marks and images. Lord has selected the author with supernatural thinking for executing Holy Spirit's divine or spiritual knowledge in its way. The author is a mystic writer who believes in spiritual truths that are above human intellects.

We thank God for selecting Dr. K.K. Mathew in a mysterious way which is too hard for the mankind to understand. We think that this is the first mystic drawing ever reported in the world. By publishing this book we are also blessed by Him. We wish that all the readers will be raised to ecstatic joy to meet the Lord in this book and the 'Truth' spreads all over the earth.

Dr. K. K. Mathew

Dr. K.K. Mathew is a reputed physician and scientist. His scientific observations have attracted attention and approval at the international level. He is the recipient of many awards for outstanding service. Dr. Mathew is a noted poet in English. His main works are *To my Love and To My Sorrow*, *Jasmine and Mourning of a Soul*, *Light in Darkness*, *Poetry My Soul*, *Heaven on Earth*, *The Voyage* and *The Selected Shorter Poems of Dr. K.K. Mathew*.

Dr. Mathew is a noted novelist, story writer, spiritual thinker and orator. His novels are *Ente Sakhi*, *Tata*, *Neelaganthikal*, *Darshanam*, *Anarkham* and *Nere*. His writings include collection of stories *Mazha Deyvungal* and *Aramindriyam* and Treatises *Kurishinte Thanalil*, *Athmavinte Snehagita*, *Spiritual Medicine a Doctor's Confession*, *Doctor's Witness to the Mystery of God*, *Mind and Peace*, *Healing of the Soul*, *Love Beyond the Stars*, *Yesuvil Athma sakshalkaram* and *Manasantharathile Rasapravarthanangal*.

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*T*here is freedom at Thy gates and rest
For Earth's down-trodden and opprest,
A shelter for the hunted maid,
For the starved comfort and bread.

For God had marked each afflicted day
And numbered every secret tear,
And His long age of bliss shall pay
For All his children suffer here.

PREFACE

In fact I did not have any intention to write this book. But I had a vision in the early hours of 15th November, 2014 that I should write and publish this book. Hence this book comes in to being. This book is an illustration of the marks I bear on my body. It took quite some time for the marks to develop. When it became conspicuous I called Mr. R. Soman of Aniso Studio, Kuttitheruvu, Kayamkulam and it was he who took most of the photographs. Last four photographs were by taken my daughter-in-law, Susan.

I am a person who has had a chain of trials from my infancy. I was inflicted by Poliomyelitis at the age of one and half years, and no one thought that I would survive. But, miraculously God gave me a resurrection. The chain of trials continue even today. But for His grace and His love I would have fallen down long ago. Each moment of my survival is His gift.

Since the year 1983 I developed a complication of Poliomyelitis - Postpolio Syndrome. The muscles which were not affected by Poliomyelitis became weaker and weaker. In addition, I am suffering from many other physical ailments. I do not want to enumerate them here. The trials I faced are the roots of my spiritual development. I grow spiritually each and every moment in my life. God blesses me by imposing His marks on my body to give confirmation of His love for me.

The photographs in the book are a humble gift to the readers. They should look at them with spell-bound concentration and positive frame of mind. It will be a great spiritual experience worthy of undertaking. Then only one will be able to recognise the truth in them. I have also described the elixir of my spiritual growth. The very purpose of publishing these illustrations is to assert the presence of Jesus Christ amidst us. I can say only one thing till I breathe my last - surrender completely to Him and believe in Him.

I express my deep gratitude to Mr. K.A. Abraham, the Executive Director of International Chavara Cancer Research Institute, Nedumangad, Thiruvananthapuram for undertaking the arduous task of publication of this book. Thanks to my intimate friends Dr. John E Abraham and Mr. Babu Lukose Koshy for helping me in this endeavour.

Kayamkulam

6-12-2014

Dr. K.K. Mathew

Oh! My Lord,
Why do you love me so much?
I don't deserve it;
I don't deserve at all.
What you showered on me,
The rarest honour of
Bearing your image on my body.
I dissolve to nothing,
I am a big nadir.
I want my dwelling place at
The far end of your palace floor
To imprint your kingly foot on me,
Just a moment's contact
Nothing more, my Lord.

figure-01

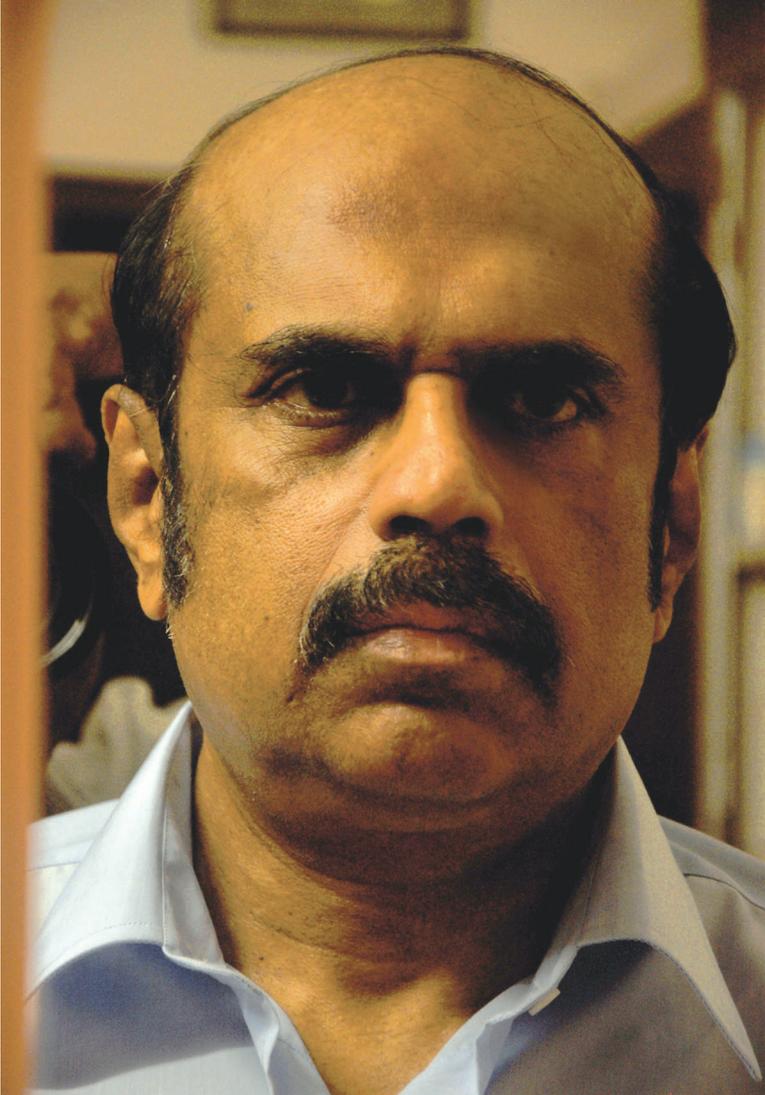


FIGURE - 01

This is the photograph of my image in the mirror placed in my consulting room. One can see a figure resembling a cross on my forehead. If ones looks at the cross carefully one can see a figure hanging at the centre of the cross. This mark is for me only to see in the mirror : Those whoever standing behind me, looking at the same angle where I am looking at the mirror he or she can see what I see. This mark appeared in the year 2002 and it persists now.

My mind was stony in my childhood and adulthood. As it was hard I could not move it. The hardness of the mind was also reflected in my body. I made many attempts to move my mind. But I failed miserably. The moment I tried to do it, I became terribly exhausted. I felt one thing that a super power was guiding me. It revealed to me that I should desist from my ways of life. I should live as per the direction of the super power and reach it. I did not know what that power was? I tried my level best to reach it many times, but it moved away from me like a mirage by a whisker. Hence I developed mental depression for a very long time. I could not concentrate on anything even on my studies. That was my state of mind in childhood and adulthood.

figure-02



FIGURE - 02

This is the photograph of a mark which appeared in the year 2003, on the front side of my left forearm near the wrist joint. One can see here a figure resembling a cross. The faint mark of a heart encircling the cross is also seen. This mark vanished after 4 years.

I placed my mental agony before Jesus Christ and pleaded for His help. I got the answer from Him - ‘Surrender completely to me and believe in me’.

I was also facing a chain of trials physically right from my infancy. Later on I realised that these trials were intended by God to make me purified. I also realised that they were a minute fraction of the agony which Jesus faced physically and mentally on the cross. It dawned on me that unless I bore, “A bit of the cross” which Jesus carried I would not become the true disciple of Him. It was a great realisation for my future as it gave me lots of comfort and strength when I had a series of challenges in my later life.

figure-03



FIGURE - 03

These figures appeared in the year 2004 on the lower and outer part of my right and left thumbs. One can see a figure resembling a cross or an angel on my right thumb and a dove on my left thumb. These figures persist now. Dove is the symbol of the Holy Spirit.

Very soon I understood that my life is a quest. It is a real search to find out the 'Truth'. I had realised that the 'Truth' is Jesus Christ. I made a pledge that I would strive to find out Him and that should be the aim of my whole life. The path towards Him is the spiritual path. Hence I must divert my direction to this path from the worldly ways of life. I know the path ahead of me is full of thorns. I understand that unless I personally find out Jesus in my life, my life will be a futile one.

figure-04



FIGURE - 04

This is the Figure - 03 when its side is turned. One can see a dove about to fly on my left thumb and dove flying on my right thumb.

I realised that the quest in my life was to dissect my hard mind which was surrounded by my passions for the world. I knew the trials which I faced were the scalpel to dissect my mind and the scalpel was the cross Jesus Christ carried. Hence I could thank God for the trials. It was a fact that when I was about to fall down the incredible hands of Jesus Christ held me. I also knew that the chain of trials I faced were a good medium for my faith in God to grow.

figure-05



FIGURE - 05

This is the photograph of a figure which appeared in the year 2005 on the medial side of my right wrist joint. One can see a dove carrying a cross on its right wing. The tail of the dove also bears two small crosses. This figure disappeared after 3 years.

Initially my faith in God was very feeble like a small filament. It used to break quite often. The more I faced the trials the firmer my faith became. As years passed, I faced a series of trials and tribulations and my faith became stronger. Then I could learn more about Him which I am doing even now. I realised that knowing Him and learning more about Him is a process which is never ending.

figure - 06



FIGURE - 06

This is the Figure - 05 when its side is turned. One can see a manly figure walking with its face turned backwards. It appears as if it is the personification of the Holy Spirit which leads us every day.

When my faith became stronger, my confidence also grew. My negative thinking started vanishing and I looked forward with a positive frame of mind. My heart began to fill with words of divinity and I sang when I was at the centre of trials.

You protect me when I cry for help,

You love me as I am faithful

You guard and protect me.

Trials come again and again

But you won't allow me to fall

Or allow me to sink in the grave

I could also form new concepts. My heart whispered -

God loves me most.

He is the mightiest one.

Why should I bother about perishable matters?

I must live for perennial one.

I relish the sweetness of Him

He is the most luscious and pleasant.

I am in the right path towards Him,

And I will not look back.

figure - 07



FIGURE - 07

This is the Figure - 05 when its side is turned again. Here one can see a manly figure with a beard wearing a crown on the left side and the dove on the right side hugging the manly figure with its wings. It appears that these figures represent the son of God and the Holy Spirit.

I noticed that when my faith in God became strong the hardness of my mind started to diminish. It became softer. I was surprised to note that lots of changes took place in my outlook and behaviour. I could pray to Lord with concentration. I realised that prayer became fruitful when it was performed with utmost concentration. I also knew that despair and sorrow were driven out of my mind and felt relieved.

figure - 08



FIGURE - 08

This is the figure - 05 when its side is rotated again. One can see here the dove flying with the cross. It appears that one can achieve the Holy Spirit only through the cross. There is no other way.

I realised that the evils of one's mind were his or her passions for the world and worldly matters. When my faith in Him became complete and unbroken, the passions got separated from me. I also knew that the passions for the world and the worldly matters act as a curtain separating man from God. Unless one drives out the passions from him he can not visualise Jesus Christ personally.

I understood that these passions are the root cause of all miseries and sorrows of human mind. These passions have a negative effect on human mind. They keep man away from God.

I also knew that the word sin means one's passion for the world and worldly matters. Any factor that separates man from God is a sin. Where does the sin harbour? I asked myself. I got the answer. It encircles human soul and immobilises it.

figure - 09

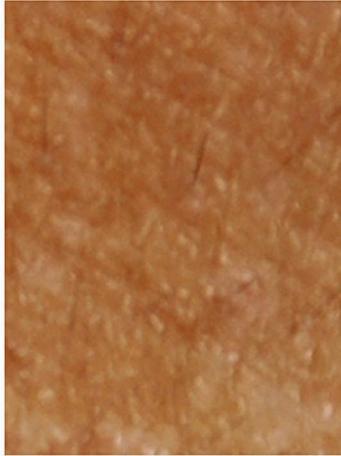


FIGURE - 09

Look at the figure from a distance. One can see a figure resembling the face of Jesus. This figure appeared on the outer side of my left forearm, just above the wrist joint in the year 2006. This mark started fading in the year 2011. Look at the figure from an angle on the left side and turn it slightly to the right. Then one can see a manly figure ascending with both arms raised resembling the ascension of Jesus Christ.

I know the real meaning of the word 'Love'. Each and every human being is constituted by two factors. The soul and the body. The world means the factors which are connected with the body. The worldly matters are perishable. The soul is the one which is imperishable. One should love only the soul of another person which is imperishable and eternal. One should not love the perishable matter. The soul of a person is Godly; it contains element of God. Hence when I love the soul of another person I love God. The whole world should realise this truth.

Whenever a sick person comes to me I recognise that Jesus Christ is before me pleading for help. We should see Jesus in the poor and the down-trodden who seek our help.

figure - 10



FIGURE - 10

This is the Figure - 09 when its side is turned. One can see a manly figure sitting on a throne. It seems Christ is sitting majestically in heaven.

If I can not love the soul of another person I must understand the fact that I have lost my insight. I am spiritually blind. My internal senses are closed by worldly passions. I need spiritual treatment for this ailment.

The treatment is that I should drive out all worldly passions by my utmost faith in Jesus Christ. If every one realises this truth and puts it in to practice, the world will become a heaven. One can love each and everyone in this world and the divine love flows like a stream in and around the world.

figure - 11



FIGURE -11

*This is the Figure-09 when its side is turned again.
One can see a figure resembling Holy Mary (side view)*

I realised that my enemy is really innocent as he is in the grip of the devil. It is the handiwork of the devil doing evils against me. I develop sympathy for him and pray for his escape from the grip of the devil.

One should recognise the presence of God in Nature. He should not destroy it. One should be able to love all the creatures of God.

figure - 12



FIGURE 12

This is the Figure - 09 when its side is rotated again. On the right side one can see an infant lying on the floor dressed in rags. This resembles infant Jesus. On the left side one can see a manly figure sitting in agony. It looks like Christ sitting in agony before crucifixion.

In the year 1983 a great event happened in my life. Mrs. Thankamma wife of Mr. Thomas, the owner of 'Habara Lodge' in Thiruvananthapuram had a vision. She was at Kattanam as a bystander of her aged mother who was an inpatient in the hospital where I was working at that time. That particular morning she was reading the Holy Bible at 5 O'clock. Christ appeared before her holding a portrait of Dr. K.K. Mathew. She heard a voice: "You go and tell him that I need Him." Mrs. Thankamma got frightened. She managed to tell Christ, "How can I tell the doctor now?" The voice was heard again. "You go and tell him that I need him". Suddenly the sight disappeared. Mrs. Thankamma became motionless. She could neither speak nor walk. She remained in that state for some time. She did not have strength to come to my quarter. In the morning when I started the daily round in the private ward I saw Mrs. Thankamma standing at the corridor anxiously awaiting me. She managed to convey her vision to me.

Ever since Mrs. Thankamma told me this, a lots of changes had occurred in my life. I grew spiritually robust day by day.

figure - 13



FIGURE - 13

This is the photograph of a mark on the upper and front side of my left wrist joint. One can see a figure resembling Jesus Christ hanging on the cross with crown of thorns over its head. This mark appeared in the year 2007 and vanished after 3 years.

When my mind became softer, I could do one thing which I was unable to do in my childhood and adulthood. I can move my mind and pull it to any direction. It is true that my outer mind can be elongated. When this state of mind occurred I was surprised to know that I got great ability to withstand and bear adversities. I knew that this was a great quality I got from Jesus - Endurance. I also understood that this quality I got was a minute fraction of the great endurance Jesus Christ had on the cross. Thereafter I could face a chain of trials and tribulations with much more ease. The pain I bear in my body becomes lesser in intensity. This quality instills in my heart the rays of hope for the future. I wish for more and more trials so that my heart will completely be filled with abundance of hope and happiness.

figure - 14



FIGURE - 14

This is the figure 13 when its side is rotated. One can see at the centre a figure resembling the face of Holy Mary looking down.

I must thank God for His grace to make me develop complete faith in Him. It was this faith that guided me in passing through the spiritual path which was hazardous with full of dangers. When the worldly passions were driven out of me by my unbroken faith in Jesus, my internal senses opened and I started seeing a new world inside me; a world with full of divinity and holiness. This is the world where one should live; not in the external world. I must say that it is the heaven.

figure - 15



FIGURE - 15

This is the photograph of a mark on the medial side of my left forearm about four centimeters below the wrist joint in the year 2009. One can see here the face of a figure resembling that of Jesus Christ. Look at it from a distance also. This figure persists now.

All praise to Him of Nazareth,
The Holy one who came
For love of man, to die a death
Of agony and shame.

On the earth as a mortal He appeared
God's well-beloved son;
He came to the guilty to bless
With mercy, love and glory.

Great is pure faith, Jesus taught
The gracious message of love,
To banish from groaning earth
All forms of wrong and shame.

Boundless love He bore mankind,
Oh, may at last a part
Of that strong love descend and find
A place in every heart.

figure - 16



FIGURE - 16

This is the photograph of a mark which appeared on the front side of my left forearm just above the wrist joint. One can see a figure resembling the wing of a dove on the left side and a small cross on the right side. Behind the cross there is a notch and a face small in size resembling that of Christ. This mark appeared in the year 2011 and it persists.

Now I see, I hear and I smell with my internal senses. They are many times sharper than my external senses. My body, external mind, and the special senses of the body have no value spiritually. I swear that I live entirely in the divine world inside me.

During the late hours of night I used to get up and relish this divine world for hours. This became a habit in my daily life. Now I can move my mind in any direction and fix it at any point with much ease. When I relish the sights of my internal mind I am in a bliss. I cherish the heavenly abode although my body is in pain. What joy and exuberance I get !

figure - 17

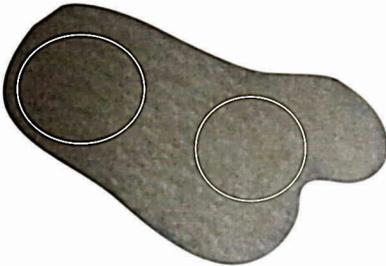


FIGURE - 17

This is the close-up view of Figure-16. Here one can see two faces resembling that of Jesus. On the right side one can see the front view and on the left, the side view.

The experience I get in the divine world is incommunicable.

I see a beach with golden sand,
Jewels glittering everywhere,
Palm trees abundant, grow there.
A feast to the eyes,
Everything keeps still;
A dreamy land, a fairy land!
Free from all passions worldly,
Free from my own thoughts;
It is pure and holy, no air there
A vacuum! Everything rhythmic
All colourful and fragrant;
Songs of divinity heard everywhere.

figure - 18



FIGURE - 18

This is the photograph of a mark which appeared on the medial side of my right forearm just below the wrist joint. One can see the figure of a dove.

I realised the heaven in me.
Exuberance creeps in,
Everlasting they are,
It is the world of the soul,
The essence of my life remains,
All my burden gone
My conscience talks to me,
My heart whispers,
They are the Truth.

figure - 19



FIGURE - 19

This is the mark which appeared in the year 2013 on the medial side of my left forearm nine centimeters below the wrist joint. One can see here the shadow of the cross and a face resembling that of Jesus Christ in front. This mark persists.

I know that there is Jesus at the centre of this divine world. I can only relish Him, taste Him, and cherish Him. I feel His gentle touch. The sufferings my body faces have no impact on me. This divine world is eternal and I live in it after physical death. One must live in this eternity. As my passions are far off, no worry, no despair and no distress harbours in me.

figure - 20



FIGURE - 20

This is the photograph of two marks which appeared on the inside part of my left palm. One can see a figure resembling the face of Jesus (side view) on the right side and a sheep on the left side. The shepherd and the sheep. This mark appeared in the year 2014 and it persists.

I live in peace and tranquility in this divine world. I know this peace is eternal.

Passions rule man, they pull him down

Disquiet prevails, it is hell.

Hatred is man's creation, it is folly.

When God guides, he wins over the senses

And he is at peace, immortal.

I saw Him standing in majesty

I cling on with adhesive, so strong it is

Darkness all vanish, sun shines

So cool the breeze that flows;

Passions all dissolve to nothing

I relish the calmness at its height,

The peace at its best,

The stillness with perfection;

It is pure and holy,

The world becomes a heaven.

The life with Him is the finest ever,

It is sublime tranquil

And I am at peace for ever.

figure - 21



FIGURE - 21

The photograph of two marks which appeared on the inside part of my left palm just above the figure - 20. One can see a figure resembling the face of Jesus on the right side (slanting view). Again one can see a face resembling that of Jesus on the cross (slanting view) on the left side. This figure appeared in the year 2014 and it persists.

When the worldly passions were separated from me, my soul got liberated and became active. It was inactive and inert before by the undue pressure exerted on it by the worldly passions. It is the freedom one gets in Jesus Christ. Once my soul got liberated from the worldly passions, within no time, it joined with Jesus Christ and I became a part of Him. Now I have got only one duty to do in my life; that is just to follow Him.

The wisdom I have is not mine. It is totally His only. Daily He speaks to me; we converse with each other. The knowledge I get from Him is many times more than what I read in books. Whenever I face a problem, I get a computerised answer. This is intuition. The intuition and revelation I get from Him is the basis of what I write, what I speak, what I treat and what I invent. I now realise fully that I am nothing; a big zero. Everything is Him only.

figure - 22



FIGURE - 22

This is the photograph of a mark which appeared on the inside part of my right palm. One can see a figure resembling a heart with a dark spot inside. This mark appeared in the year 2014 and it persists.

The events that took place in me is a spiritual reaction. This spiritual reaction is really the transformation that has occurred in me. One's life should be his gospel; not the words he utters.

I was born in Christ,
I live in Christ,
I live for Christ,
And I will die in Christ.
How good it is
To give thanks to You, Lord,
To sing your kindness
To praise you with songs
With tribute of gratitude
Your love touches heaven,
Your kindness reaches the sky,
Your greatness so big,
And you are the king all over.

