

Treating Soul

DR. K. K. MATHEW



TREATING SOUL
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DR. K. K. MATHEW

Prose & Poems

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Dr. K. K. Mathew

Dr. K. K. Mathew is a renowned physician, a medical scientist, and a poet of international repute. He is a reputed philosopher, and noted novelist in Malayalam. He has published many original clinical observations in national medical journals and been quoted in reputed international medical journals. Some of them are the first of their kind in medical science. Dr. Mathew has spent the whole of his professional life (46 years) in a rural region of India and served the rural population. He has written and published 53 books, of which 34 are poetry books in English. The International Higher Academic Council of English Literature conferred Dr. Mathew with the global genius award "Living Legend of the 21st Century" in May 2019. The international poetry group in the U.S., 'The River of Poetry' awarded Dr. Mathew with the title "The Champion of the World." Dr. Mathew is one of the prize winners of the prestigious Naji Naaman Literary Prizes for 2021.

PREFACE

Treating Soul is a very rare book. It deals with the truth about how to treat the ailments of the soul. This book stands upright as the book that makes human life really perfect. The book takes the reader to the mysteries of human nature, which are not explored by science. I wrote this book out of my experience covering nearly five decades. During my childhood and afterwards, I had to face many challenges in my life. I could overcome all these adversities purely with my absolute faith in God. I became stronger day by day. I knew there was a purpose in my life for which I was put on earth. In adulthood, I developed the inquisitiveness to find the truth. I have passed all the milestones to reach my goal. During my journey, I have developed the wisdom to realize who I am, where to go, and what my journey is. My journey was so perilous and adventurous. It was much more than a mountaineer scaling to the top of the biggest mountain. At last I realized that I was being helped by God to do what I ought to achieve in this world. I am extremely grateful to Him.

It was revealed to me what the mysteries of the soul are and what its healing is. I could put everything to practical use, and it turns out very well. I have written many poetry books on the soul. I strongly feel that the exploration of the soul should be the fundamental study of humans. With it, most incurable diseases can be treated successfully. Humans can become more pleasing if we touch upon the soul. I believe that healing of the soul is superior to physical and mental treatment. Now I open up a new horizon in the field of medical science, which should be considered of great importance. I invite the readers to read the book and evaluate it.

Dr. K. K. Mathew

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SOMETHING NEW

TREATING SOUL

I am working on something new in both medical science and literature. This book is based purely on my experience covering nearly five decades. My life stands as a monument to the inner spiritual reaction that is taking place in me. Unless one realizes it fully, one cannot proceed to the realm of the soul. A human being is constituted by the body, including the mind, the periphery, and its root, the soul. But science does not know anything about the soul. Only spirituality tells about the soul, and science looks down on it. Medical science treats the human body only. Nothing is known to it about the soul, and it cannot treat the soul.

Science is the attempt of man to find a fraction of the great craftsmanship of God. But if when one completely surrenders to God and is attached to Him with unwavering faith, mysteries of God will be revealed to him. It is much more than what science says. It cannot be measured by the scales of science.

If you read the holy Bible, you will see that Jesus Christ healed the sick completely. He healed because the soul and body are one, healing was reflected on the body.

The modern medical science is incomplete because it treats the human body only, not the soul. Science does not know what the soul is. As a result, many dreadful diseases exist, incurable, and even the cause of the disease is not known.

SOMETHING NEW

Science is the attempt of man to find out
A fraction of the craftsmanship of God and
It is the gift of God to be used for the benefits
Of the world; if one submits himself totally to
God with utmost faith in God, the mysteries
Of God will be revealed to him and it will be
Much more than what the science says, and it
Can't be measured by the scales of science;
Medical science is incomplete because it treats
The human body and mind, but not the soul,
The root of man; it is as if spraying insecticides
On the leaves and fruits of a tree, not treating
The root; some of the dreadful are incurable,
The cause of them unknown, the theories do
Change with the advent of new things, old is
Gone; medical science will be complete, if it is
Combined with healing of the soul; a new dawn
Is sure to come in the skies with a lot of hopes.

INNER JOURNEY

SOUL

The sphere much above thoughts,
Seen, relished, only by open internal
Senses, unique composition of beauty
Manifested with the feeling of extreme
Happiness and contentment, having
Stability and eternity, never to decline,
Or decompose, working with delight,
With illumination of wisdom and that
Transpires a heavenly feeling of reality
Happening on the earth, with emission
Of divinity in the sphere of location on
The base of intense faith in God, with
The spiritual dissection of the worldly
From the human mind for long period
Of time, winning over many obstacles
That stand on the path to destiny; the
Internal senses open, the deepest vision
Starts, the wisdom culminate, the aim of
Life is attained, the root of life found out.

CONQUERING THE MIND

Human outer mind is an untamed wild horse,
Taming it is the most difficult task on the earth
Quite impossible to conquer it, almost all say,
It is possible, out of the experience, very few tell,
How is it, the question arises, science can't help,
The process of doing it, is a long hazardous task
Covering many decades, the continuous search,
The dissection of mind with the scalpel of faith
In God, it is the inner journey, there are so many
Obstacles on the perilous path, where the traveler
Jumps over the obstacles by holding on the faith
So tightly, the faith becomes stronger and at last
Unbreakable, the passions and the aspirations for
The world and worldly are suppressed, outer mind
Becomes so soft and flexible, and it can be stretched,
Or elongated, or lifted, to the maximum, as hardness
Of the mind was due to the worldly; thus conquering
The mind, the greatest success achieved on the earth.

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INNER JOURNEY

Light to follow, magnificence of one's
Life, not the outer but the inner, the big
Challenge to the humans, many didn't

Know it and many have no time to think,
The complexity of life has masked the
Great truth, hidden in the depth, one
Has to unearth it, the primary aim of life;
What transpires is the unflinching faith
In God with the total surrender to Him,
How many could do it, only a very few,
The one has to walk on a thorny path
Full with big rocks and sharp stones,
Extremely difficult to pass through the
Obstacles, but the strong faith in God
Lifts the traveler above all the hurdles,
The more one jumps over the hurdles
The more his faith gets intensified and
The faith becomes unbreakable, then a
Wonder happens, the human passions
And aspirations for the world and worldly
Gone, the passion for God only developed,
His internal senses open; he sees, hears
With them only, now the person reached
Destiny, he is in the new world of soul
Where he feels, tastes, and relishes, God;
The inner world is so delicate, tranquil, and
Holy; the greatness of it is indescribable,
Man has only one duty to do, it is just to
Follow God; outside, worldly sufferings but

Inside, heavenly joy; how many can realize it?

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What is the purpose of human life? What for man is born in the world? These are the questions, one should ask himself. The answers are provided by inquisitiveness. Everyone should try to find the truth. God values one's inner journey much more than his outer life, which is perishable. There is a destiny for the inner journey.

How do I start the inner journey? One should submit oneself completely to God. Partial submission will not do anything good. It is as if you were putting one foot on one boat and the other foot on the other. The boats are moving in opposite directions. What happens to the person? He falls into the water. The same thing occurs when a person holds God in one hand and the world in the other. The world and the worldly pull man down. The entanglements of the worldly passions trap men and make escape difficult. Man becomes addicted to it and is completely immersed in it, in the worldly and perishes. It is the story of the majority of the population. The majority is having outer life only. They do not have even a glimpse of the inner life. They might do wonderful work for their family and society.

They might have amassed wealth. One should realize the truth that outer life is perishable. It has no value before God.

What God values is the inner life. Many people are unaware of the inner journey. The journey from worldly to destiny. The journey from billions to zero. Really, it is not a descending journey, but only an ascending one. It is a journey in which one loses everything he has along the way on earth. His direction in life has changed. It is a journey to the inside of that person, going to the depth of his mind, to the sphere that is beyond human thoughts. It is to a place of vacuum where the gravity of the earth does not reach, a place of tranquility, peace, and silence, full of God's grace and love. The inquisitiveness of man to find the truth draws him to a point where he must try hard to submit himself completely to God. He finds it extremely difficult to do that, as he is pulled back by the negative forces. These are the temptations in human life. Man becomes succumbed to it. But the more he tries earnestly, he finds a route to accomplish his aim. He may have to face many sufferings to move from the point of total submission to God. Because of his dedication and earnestness, one day he will achieve his aim, defeating all worldly forces which were trying to

distract him from his mission.

Once the person has developed the sense of total submission to God, an automatic and involuntary process of developing a power, namely faith in God, begins in him. Very small buds develop on the twigs. At first, faith is like a very fine cotton fiber. It is easily breakable. With the tiniest, breakable faith, one is miles and miles away from the vicinity of God. The person's faith must be developed to become stronger and stronger. The person is at the beginning of his inner journey. Now, the purification of the mind starts taking place. For this process, he has to pass through countless tribulations. Then only faith becomes sturdy and strong. Spiritually, it is the dissection of the human mind with the scalpel of faith. The dirt is gradually removed, very slowly. The inner journey might even cover many decades.

The person who is on the path, has to face so many tribulations in life. It is a mental purification process in which the person's faith in God is strengthened and he overcomes each tribulation that he faces. The person's faith in God guards him from falling and helps him jump over the hurdles which are blocking him on his inner journey to destiny. Winning over obstacles strengthens

the faith. The inner journey is very risky because the path is highly perilous, it is full of thorns and very sharp stones. It will sting the traveler's feet and cause them to bleed profusely. The tribulations that he faces on his inner journey are countless. Sometimes he may have to walk on the thread between life and death. But his faith comes for his rescue even miraculously. The incredible hands of God are guarding him always. At last his faith in God becomes very strong and unbreakable like a big rope.

Initially, the traveler on the path may become very mentally distressed because he cannot achieve the vision of his destiny. He may develop mental instability as he wants an escape from the agony of the tribulations. But the grace of God sets him right. In fact, his faith saves him from his mental imbalance. When his faith in God becomes very strong and unbreakable, a great wonder happens. His passions and aspirations for the world and the worldly disappear, and his internal senses open. Previously these internal senses were closed by the excessive passions and aspirations for the worldly. Now the traveler only sees and hears with the deep senses. His body has been spiritually dissected with the scalpel of absolute faith in God. His outer senses are only used for his earthly

existence. What he gained is the inner vision or deep insight that propels him forward.

Now he has entered the sphere of godliness, which is beyond human thoughts and feelings, where the human soul exists. It is in the world of the soul, or the vicinity of God, where the human soul is acting with the internal senses open. It is a vacuum where the soul is floating, and the continuation of it is the eternity. This sphere exists in the vicinity of God, where the presence of God is deeply felt. The soul of the traveler tastes and relishes God. It is the culmination of the inner journey covering decades, after facing so many tribulations and overcoming them with absolute faith in God. The human body perishes, but the human soul lives in eternity with God. The human soul is now totally free from pain, the miseries and sufferings, of the world. One can feel or taste God directly with his open internal senses. That is why the presence of God cannot be felt directly with the outer senses of the human body while he is on earth. Here, for the person who has found his soul, his soul is living with God while his spiritually inactive body stays on earth, and one day his perishable body will be separated from his living soul. It is what we call the death of the person. But it should become clear to everyone that it is really the

continued free living of the soul of the person without the burden of his body.

BEYOND THOUGHTS AND FEELINGS

What is it, beyond the human thoughts and Feelings, is it possible for man to reach the Site, one might ask the question, very true The answer, one can very well get into this Sphere, if he has submitted himself totally to God and attached to Him with unbreakable Faith in Him, the passions and aspirations for The world and worldly is gone, his internal Senses open, visualizes the sphere beyond the Thoughts and feelings, the great achievement One gains on the earth, possible for everyone, The soul of this person lives in this sphere and His body becomes spiritually inert; it's the world Within the world, where one hears the words Of God, tasting and relishing Him, while the inert Body of him is with the miseries of the outer World; here the medium of communication is Perception only, he is filled with eternal love And happiness; the endpoint of internal search.

The traveler has now reached the end of his inner journey. He has realized this now that he is nothing, a big zero, and everything in him is God alone. He also realizes that his soul is godly, a speck of God in a land of beauty where he sees with his internal senses. The beauty of it is many times more than what is seen on earth with his outer eyes. He feels extreme sweetness and happiness, which is eternal. He gets great contentment and peace, which he never got before.

His life has become highly melodious. He could not have imagined the indescribable joy he has experienced before. It is real life with God. He hears the words of God. He converses with God. He gained wisdom from God—divine wisdom. He uses it for the goodness of the outer world. It is the endpoint of his inner journey—being with God forever. The human soul lives with God, albeit on earth. All the agonies of life have been left behind as the human body has become inert and inactive. It is the healing of the human soul. The healing comes from being in direct contact with God. The traveler has only one duty to perform. It is just to follow God. All the ailments of his soul have been treated completely by God.

LAND OF SOUL

Land of godliness, land of divinity

Where everything is pure and holy,
Spotless, everything clean and tidy
Music of love and kindness, heard
And the beauty of it is indescribable;
Sweetness at its best, is tasted here
Fragrance extreme felt, it intoxicates,
Sands are gold and jewels glittering,
Everything felt with internal senses
My soul is floating in the vacuum of
Eternity; I feel, God is at the center,
Full contentment caresses my soul,
I didn't see these in the outer world.

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GIFT OF GOD

Science is the gift of God. God is acting only through science. Only medicines are used by God to treat the sick. When God created man, God has supplied everything in nature for the need of men. Nature has everything you need to treat the dreadful diseases of mankind. But it is sad to say that man has explored only very little in this regard. Silent Valley, for example, is the richest mine of herbs, but man has discovered a few only. If man could find his soul, or the truth of his life, which is the primary aim of his life, he becomes totally free from the troubles of the world. It is the real treatment of the ailments of the soul, which anybody on earth can achieve, provided that person has developed absolute faith in God. Such person has developed the godly immunity to withstand or resist against the hazards of the diseases including the dreadful diseases. It is the immunity which every human should achieve.

A doctor who has found his soul with absolute faith in God, can do wonders as God is directing him in everything he comes across. God is dictating everything to him. He can diagnose the diseases even

without seeing the patients. He can treat the patients even from a far-off place. He can select the most appropriate drugs to treat the patient successfully. Here, the soul works in the doctor as well as in the sick patient. The healed soul is the most powerful one to do wonders, and it is for serving humanity. Here, what we see is the spiritual medicine that is acting through the modern medical science. Though such things are quite unbelievable to many, they are very true. These findings are purely based on my experiences, which span about five decades.

I am a consultant physician, medical scientist, and poet in English. I could find my soul, the truth of my life, after passing through the whole process, which I detailed above. I had to pass through so many tribulations, but I could overcome them with my unbreakable faith in Jesus Christ, my Lord. I have treated lakhs of sick patients successfully. In my treatment, Jesus performed miracles. The truth is that Jesus told me and I treated the sick patients; Jesus revealed and I discovered new medical observations in science and Jesus dictated, I could write poems. I spent my whole professional life in a rural region of India without any advanced medical facilities, for the welfare of the rural population. In the next chapter, I

describe a few of the many true life incidents where I could cure the most difficult medical cases by combining healing of the soul with modern medical science.

TRUE LIFE INCIDENTS

The Best Medicine is God's Grace

It was April 1979, a sunny day, and I was examining a patient in my consulting room at St. Thomas Mission hospital in Kattanam, India. A stretcher moved towards me, carrying a female patient. I was stunned by the pathetic look of the patient. She was looking at me in despair and agony. I knew that she was in a sinking state. She was Kunjumol, a housewife aged 32 years, hailing from Niranam, a village near Thiruvalla, in India. It was in September 1978 that she noticed that her urine was highly colored. She had itching all over the body. She was admitted to a private hospital in Thiruvalla and was investigated. The doctors there detected that she was suffering from jaundice. She gave up because she did not see any progress. She was discharged from the hospital. A course of Ayurvedic treatment also didn't give her any relief.

Kunjumol was admitted to a government district hospital. All investigations were done, and the doctors knew that the jaundice was due to obstruction of the biliary tract. As her condition deteriorated, she was referred to the best government medical college in

Kerala state. She was investigated and treated at the department of gastroenterology at the medical college hospital for three months. The doctors suspected cancer in her abdomen. Hence they did the surgery called "laprotomy" on her. They found that her liver was enlarged, but there was no sign of cancer. The investigation named "Cholangiography" was done. It showed diffuse narrowing and obstruction of the biliary tract. But they did not know what the disease was. The treatment failed, and her condition worsened further. The professor of gastroenterology at the medical college told Kunjumol's husband that "medical science doesn't know what her disease is and it can't find an effective treatment." Kunjumol was later treated at a mission hospital at Neyyoor in Tamil Nadu. She had Yunani treatment at Nagarcoil. But her condition deteriorated further, and she was taken back to her home. Special prayers were offered in the churches and at the Maramon convention.

I patiently heard the story of Kunjumol. Suddenly, Christ spoke to my heart: it is the extremely rare condition known as "Primary Sclerosing Cholangitis." for which there is no specific treatment. Even the aetiology of the disease is not known. Again, it was whispered that the disease could be due to anaerobic

bacteria and the drug Metronidazole is effective. I immediately inserted Ryle's tube and administered Tablet Metronidazole at a dose of 800 mg, thrice daily, for ten days. I could not believe that she had made a miraculous recovery. Her serum bilirubin level came down from 36 mg/dL to 2.7 mg/dL after 14 days. She started walking in the ward and she was discharged from the hospital after six weeks. Kunumol lived a healthy life for 20 years.

I published her case report in the national medical journal JIMA in the year 1983. I also presented my clinical observation at the international level. Dr. Dame Sheila Sherloc, the world authority on liver disease and the chief professor at the Royal Free Hospital, London, described my observation as "most interesting." The editors of the prestigious postgraduate medical book "Harrison's Principles of Internal Medicine" showed their appreciation of my clinical observation. My clinical observation was quoted in many international medical journals. Thirty years after the publication of my article, Dr. James H. Tabiban and associates of the Mayo Clinic of North America, published their clinical trial with the drug Metronidazole in patients with "Primary Cholangitis" in the prestigious international medical journal

"Alimentary Pharmacology and Therapeutics," and they concluded that the drug Metronidazole demonstrated efficacy in patients with "Primary Sclerosing Cholangitis". My clinical observation was quoted by Dr. James J. Tabiban and associates of the Mayo Clinic, North America in their scientific article "Role of Microbiota and Antibiotics in Primary Sclerosing Cholangitis" [volume 2013, article in the prestigious biomedical journal Biomed Research International ID389537, 7pages].

God's Grace is Amazing

The Rev. A. K. George of Marthoma Church was a missionary who had spent most of his time on the Tibetan border. The place is a mountainous area of the Himalayas. The Rev. George is someone I have known for a long time. While serving on the Tibetan border, he came on vacation to Kerala and paid visits to me. He used to talk with me about some of the patients he had visited. He used to take my advice and collect medicines for them.

In 1987, when he came home, he visited me. This time he apprised me of the agony of a person living on the Tibetan border who was treated at different hospitals but without any cure. I patiently listened to the story

he narrated. Nathre Singh Panghthy lived in the Tibetan border village of Bhainskhal, which is 3000 to 8000 feet above sea level. He was a rich person. He owned a lot of land, cows, and goats. He suffered from a peculiar ailment. He complained of severe burning sensation inside and outside his chest. He felt as if his chest was being burned in a pyre of fire. His agony increased day by day, and he could not bear it. All the native treatments given to him were of no effect. Hence, he became very weak and depressed. Nathre Singh's relatives decided to take him to the valley for treatment.

He came to the valley by riding on an ass. From there, he had to travel by bus for two days to reach Lucknow, the capital of Uttar Pradesh. He was admitted to King George Medical College, and treatment was started. But to his dismay, the treatment did not give him any relief. He was in great pain.

The relatives of Nathre Singh took him to Delhi. He was admitted to the "All India Institute of Medical Science", the prime medical institute in India. All investigations were done, and treatment was started. But he did not get any relief from his agony. The doctors could not come to a definite diagnosis of the

disease. His health deteriorated further. He showed his desire to go back to his native place in Tibet. He prayed that he would die soon and be relieved of the unbearable pain.

One day, The Rev. George appeared before Nathre Singh. The priest prayed and said to him, "God is fully capable of healing you." He inquired about his disease and noted all the details on a piece of paper. He told Nathre Singh, "I am going on vacation next week." "I will visit my doctor and tell him about your disease and seek his advice."

The priest returned to his home. The next day, he paid a visit to me. He placed before me all the details about Nathre Singh's ailment. I listened to the priest's words. Jesus told me in my heart that Nathre Singh has "intercostal neuritis" [inflammation of the intercostal nerves], and that the drug Carbamazepine will help. I told the priest, "I have no role in his treatment; it is Jesus who is treating Nathre Singh." "Jesus used The Rev. George and me to play a small part in His great plan."

The priest returned to the Tibetan border. After a few months, I got a letter from the priest saying that

Nathre Singh took the medicine as per my advice and had a miraculous recovery. I am glad that even after 12 years, Nathre Singh had a complete recovery.

God touched Akashi

It was in September 2014; on that day, when I was examining patients in my consultation room, the medical representative, Viswanathan, came. His mobile phone was ringing continuously. I told him to go out of the room and attend the call. When he came back, I asked him, "What is the matter?" "It was his cousin sister calling from Kilimanoor that her son Akshai fell ill the day before and was admitted to the Government Taluk hospital," he explained. The boy does not get out of bed this morning. The doctors do not know what the disease is. They want to shift the boy to some other hospitals. Sister is at a loss for what to do. She was crying. When I heard it, Christ whispered in my heart: What Akshai suffering from is the rare disease named "Guillain-Barré syndrome," which can kill him soon. I asked Viswanathan to SMS the name of the disease to the mobile phone of his sister, ask her to rush to the casualty room of the Government Medical College, Trivandrum, and show the SMS to the house surgeon. Viswanathan did what I said. Akshai was immediately taken to the casualty area of the medical

college, and his mother showed the SMS to the house surgeon. He immediately showed Akshai to the unit chief, and within no time he was shifted to the neurology ICU and put on a ventilator. The neurology professor confirmed that it was “Guillain-Barré syndrome”. Since he was poor, Akshai could not afford to pay for the important treatment—administration of the costly immunoglobulin. Hence the second line of treatment, continuous exchange transfusion, was given. He was administered 32 bottles of blood, and Akshai miraculously survived. Akshai's friends at school donated the blood. I told Akshai's parents that I had no role in his treatment. It was Christ who touched him and healed him.

A New Life

It was in December 2014, and that evening at about 5.30, I got a call from his wife saying that Rajagopalan had been very sick since that morning and they were about to go to a hospital nearby. His senses were not normal, and he could not get up from bed. Rajagopalan is someone I have known for a long time. Christ whispered in my heart that he is suffering from the rare disease "Guillain-Barre syndrome," which will kill him soon if proper treatment is not given in time. I asked them to go straight to the Amrita Institute of Medical

Science, Ernakulam, which they could not do. Still, I pressed them, and at last they agreed to that. By the time they arrived, the condition of the patient was critical. They reached the Amrita Institute at 12.30 AM. As I had alerted my friend Dr. Umadethan, he had posted his MD student to receive the patient at the casualty. That time, the patient's condition was grave. The neurology professor confirmed that the disease is "Guillain-Barré syndrome." At 1.30 AM, he was put on the ventilator. The doctors were very doubtful about his survival. Everyone started praying. He was given the first line of treatment. He was administered five bottles of immunoglobulin, each costing Rs 1 lakh. At last, Rajagopalan miraculously survived. I told Rajagopalan and his wife that I had no role in his treatment. It was Jesus Christ who touched him and healed him, which they believed.

Another Testimony to God

In April 2016, while I was examining a patient in my consulting room, Christ whispered in my ear, "Your friend Sabu Thomas is in danger." "Call him now." I stopped examining the patient and called him on the phone. Sabu is a good friend of mine, and he was a senior sub-editor in the daily Malayala Manorama at Kottayam. I have not had any contact with him for the

past two months.

When I called him, Sabu was at a famous Ayurvedic centre near Ernakulam. He was in the massage room for a massage for his wife, who had had a very severe backache and retention of urine for the past few weeks. The massage will start in a few minutes, as per the advice of the ayurvedic physician. Previously, they consulted two orthopaedic surgeons, and the doctors diagnosed it as a case of lumbar disc prolapse, and she was given a conservative line of treatment. Since her condition became worse and she could not walk, her relatives pressured Sabu to have ayurvedic treatment immediately. I got angry with Sabu: "What foolishness are you doing?" "If she is massaged now, she will become paralyzed in no time, and your wife will be bedridden with urine retention for the rest of her life." "Escape from this place before the nurses come for massage," I cried aloud. Sabu obeyed me like a child. He said later, "My brother helped me to carry Sonia, and we ran away from there like thieves." I urgently directed her to Dr. Sajish K. Menon, the renowned and probably the best neurosurgeon in India for spinal surgery, at AIMS, Ernakulam, and he did emergency microscopic surgery. The surgery was successful. Dr. Sajish K Menon said, "The intervertebral discs were

broken into pieces, and they compressed the nerves severely." Sonia had a miraculous cure and she is perfectly healthy now.

Jiji was given a second chance by God.

Jiji Binu was given a resurrection by God recently. Severely troubled by constant vomiting for about one year and nine months, she was treated at two superspeciality hospitals without any success. Later, for about one and a half years, she was under the treatment of a renowned gastroenterologist. But she did not get any relief from her severe vomiting. One day she collapsed, and she was taken to me. In fact, I did not examine her. Christ whispered in my heart that it is the same persistent vomiting about which I have published two articles in the national medical journals and for which the drug imipramine was found to be very effective. I started the drug imipramine, and the vomiting stopped completely.

When she came for a follow-up, she casually told me about fullness in her left upper abdomen. I could detect a fairly large tumor in the left hypochondrium, which was quite unrelated to her vomiting. It was whispered again in my heart that it is a very rare benign tumor arising from the left suprarenal gland called

"pheochromocytoma." The CT scan and other tests could not confirm it.

Jiji was referred to the department of nephrology at Lisie Hospital in Ernakulam for surgery. It was a very difficult surgery. Since the tumor was fairly large, it had to be cut into pieces. During surgery, the patient's blood pressure dropped dramatically, and the doctors prayed for her. At last, Jiji survived. The biopsy report came as "pheochromocytoma." Jiji is a perfectly healthy person now. I fully believe that Christ touched her and healed her.

God, the Great Physician

The mother of a renowned journalist from Kayamkulam was my heart patient for nearly thirty years. In March 2011, she suffered from two attacks of "stroke," and her condition became very critical. As nothing could be done to save her, she was taken back to her home. Her 9th, 10th, 11th, and 12th cranial nerves were paralyzed. She could neither swallow nor spit out sputum. Hence, Ryle's tube was put in for feeding, and repeated suction of the secretions in the throat was done by a machine. She had severe breathing difficulty too.

Everyone thought that she was nearing her end. That

morning, it was a wonder that she got up from bed and started smiling. She said, "For some time I was dreaming of Dr. K.K. Mathew." "He is a God-sent person." She asked her daughter to convey the message to me, which she did. The miracle is that she started swallowing and spitting out sputum. After two weeks, the journalist sent me a photo showing that she was uncovering the outer skin of onions. She lived happily for one year. Christ touched her and healed her.

God Acted

A 24-year-old lady doctor, the daughter of a government secretary, came to me a few years ago with persistent vomiting for which she received no cure despite having undergone numerous investigations and treatments at the major medical college where she worked. The vomiting was so intense that she found it difficult to write the final MBBS examination. She was exhausted and had lost her appetite. She had been afflicted with it for a year. Nobody could diagnose the disease. It came to my mind without examining the patient that it was a case of psychogenic vomiting, about which I have published two articles in national medical journals that were quoted in international medical journals. I put her on Tab imipramine 25 mg three times daily, and she had a dramatic recovery. The

vomiting stopped completely, and she is perfectly healthy now. It was also an instance in which Christ touched and healed.

God intervened and healed.

Let me post a real-life miracle that happened six years ago. God touched a patient with a suspected incurable disease and instantly healed him. The Rev. Philip Thomas served Salem Marthoma Church, Kayamkulam, as a priest about 25 years ago. He is very closely attached to me.

In August 2015, I got a phone call from Perth, Australia. "This is Rev. Philip Thomas speaking. After delivery, Beena [the daughter-in-law, 31 years old] is very weak, she has considerable weight loss, and she has lost her appetite. Her serum bilirubin level was 26 mg/dL. [The normal range is up to 1 mg%] I could understand that her liver function tests were grossly abnormal. I advised The Rev. Philip Thomas to have a CT scan of the abdomen done immediately. Beena's CT scan of the abdomen showed a grossly abnormal liver. The CT scan report says that it could be one of the following conditions:

Glycogen storage disease

Haemochromatosis

Amyloidosis

All these conditions are incurable, and Beena may go into dreadful conditions like cirrhosis of the liver and liver failure. The specialist doctor in Perth advised a liver biopsy.

I told the priest, "Nothing is impossible for Jesus Christ. Definitely, Jesus will hear our prayers. Let us keep on praying." Beena and her husband opted to have further investigations and treatment in India as per my direction. Hence, I directed them to my friend Dr. Mathew Philip, director of the department of gastroenterology at P.V.S. Hospital, Ernakulam. Beena reached Ernakulam and consulted Dr. Mathew Philip immediately. A miracle happened: her serum bilirubin level came down to 0.6 mg/dL from 26 mg/dL without any treatment. All other investigations were also normal. Beena could go home on the same day. We all believe that Christ touched her, and she was healed instantly.

How God is guarding my family

Nothing is impossible for Jesus. I have posted many true-life examples of Christ touching and healing people. But here I am witnessing a true one connected

with my family. On December 22, 2017, my wife, a gynaecologist, suffered very severe pain in her abdomen, and the scan showed a stone that got impacted at the junction of the left ureter and urinary bladder and obstructed the flow of urine. Moreover, another two stones each were seen in both kidneys. It was an emergency that the impacted stone at the junction be removed surgically, otherwise that kidney would be damaged. As a result, she has to be rushed to the hospital in Alua, where my brother works.

We all pleaded with Jesus to heal her immediately. That day, she was to be operated on under general anaesthesia. We had a vision that she should be scanned just before surgery. Even a CT scan revealed that all five stones vanished instantly, allowing her to return home on the same day. What a wonder! Christ touched her and healed her.

God heard the prayer.

Jesus touched and healed another patient. Eby, an engineer working in Saudi Arabia, met with a road accident in September 2015 and sustained very severe injuries. He had multiple fractures of the bones of the upper and lower limbs on one side. He was fully conscious after the accident, and the CT scan of his

brain was normal. He was taken to the ARAMCO hospital, where he underwent extensive surgery on the fractured bones. The surgery lasted for 24 hours. After surgery, Eby became totally unconscious, and he did not recover. He was given various treatments, but there was no change in his condition. Moreover, he started developing a high fever. He remained in a very critical state. Doctors said that they were very doubtful about his recovery.

Pramila, Eby's mother, and Mary, her sister, called me. I told Mary, "Nothing is impossible for Jesus. My mind said, "Jesus will heal him. Let us all pray for Eby." Many all over the world were praying for him. On every alternate day, Mary in Delhi contacted me, and I consoled her. Really, the relatives were in the midst of utter despair. Even after 3 weeks, Eby's condition remained unchanged. The only positive sign was that he showed flickering movements on one side of his body.

After 4 weeks, the treating neurologists said, "There is no hope." We cannot do anything more. You can transfer him to some other medical centers." Hearing these words, the parents became heartbroken. But they held firmly to their faith in Christ. As nothing more

could be done, the neurologists stopped attending Eby. In the meantime, arrangements were made to shift him to C.M.C. Hospital, Vellore. The detailed report of his ailment was faxed to the head of the department of neurology at C.M.C. Hospital, Vellore. Since it was a police case, there were difficulties in shifting him. Eby's parents and relatives were sunk in utter despair. They and many others kept on praying for Eby. After five weeks, all of a sudden, Eby opened his eyes and started speaking. He had a complete recovery. Now he is perfectly healthy.

A Miraculous Recovery

For the past 5 years, the wife of a priest had suffered from severe vomiting on a regular basis, had all kinds of investigations and treatment at various gastrointestinal centers in Kerala state, but She didn't have any relief. After two years, she was taken to the Christian Medical College, Vellore, one of the most reputed medical colleges in India. She was thoroughly investigated and had treatment from there for two years, but she didn't get any relief. The vomiting continued at frequent intervals. Later, she had treatment at various other reputed centers. But the vomiting continued. The priest contacted me on the phone. I did not see her. Suddenly it came to mind that

it was a case of psychogenic vomiting, for which I had published two research papers in national medical journals. She was given a simple antidepressant drug, namely imipramine, 25 mg thrice daily for one year, and the vomiting stopped completely. She is perfectly healthy now.

God Blessed

Jijo, a research student at Kayamkulam, in Kerala, India, had a highly painful past. Twelve years ago, when he was only eleven years old, he developed the peculiar disease of fainting frequently. He had fainted several times in the classroom at school. Hence, he could not continue his studies. He was fully investigated and treated at different medical centers, but he did not get any relief. Hence few months later, he was taken to Trivandrum, the capital of Kerala state, for further treatment.

He stayed there a few months and was treated by a paediatric neurologist at a renowned medical center, but he did not get any relief. His symptoms continued. At last, he came to me. I had a vision that it was a psychological problem, and he was put on the antidepressant drug imipramine 12.5 mg twice daily for one year. His symptoms subsided completely after a

few days, and now he is perfectly healthy. Christ blessed him.

CONCLUSION

The importance of this book is to show how the soul is important in treating the sick. The doctor at far-off place, treating the sick with a dreadful disease that appeared incurable, even without seeing the patient most effectively. It is a form of miracle done by God. This book deals with the incompleteness of medical science and asserting the great truth that medical science is complete only if it is combined with the spiritual medicine. If each and every human realizes the primary aim of human life and what for he is born in this world, he finds out the truth of his life by dissecting his mind with faith in God. With the passions and aspirations for the worldly removed, the soul is taking care of man, especially in treating the dreadful diseases. This great truth is revealed here. Man must adhere to this great principle of living. Then this world will turn into heaven. When man reaches the endpoint of his inner journey, he is in a state of tranquility, much above the troubles and sufferings of the world, and he becomes immune to all adversities, especially the dreadful diseases that he faces. The whole concept of man is to be changed completely. The majority of humans believe in building up the outer life, and they

devote their entire lives to it. They believe fully in the luxuries and the enjoyment of external life. For them it is the supreme. The truth is that they wasted their whole lives for nothing.

The real wealth of a human being is his inner life—coming near to God and finding his soul. In this book the great truth is revealed, and it inspires man to live in the great sphere of life of being with God. When a person discovers his or her soul, all of its ailments are spiritually dissected out by his or her absolute faith in God. It is spiritual healing. It is the treatment of the human root. As mentioned previously, such people are immune to all adversities, including deadly diseases. They can withstand or resist anything that is adverse. It is the achievement of living a perfect life. Healing of the soul is superior to any sort of treatment. A healed soul is the greatest thing on earth. It is the Godly power free from the world and worldliness, and it is much sharper and more active to recognize and detect patients most effectively. It is a form of miracle done by God.

Healing of the soul is superior to any sort of treatment. A healed soul is the greatest thing on earth. It is the Godly owner, free from the world and worldliness, and

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TREATING SOUL

DR. K. K. MATHEW

Treating Soul is a very rare book. It deals with the truth about how to treat the ailments of the soul. The book takes the reader to the mysteries of human nature, which are not explored by science.

The importance of this book is to show how the soul is good in treating the sick. This book was written by the author based on his nearly five decades of experience.