

# MY SOUL GLOWS



DR. K. K. MATHEW

**MY SOUL GLOWS**  
**DR. K. K. MATHEW**

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**DR. K. K. MATHEW**

**Poems**

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**Pratheeksha**

**K.P. Road, Kayamkulam 690502**

**Kerala, India**

**Tel: 0479-2445976**

**e-mail: [drkkmathew@gmail.com](mailto:drkkmathew@gmail.com)**

**Website: [www.mathewpakalomattam.org](http://www.mathewpakalomattam.org)**

## PREFACE

This book is my 16th collection of Poems in English. The 100 poems in this book were written in February 2020. The poems are mainly mystic and spiritual. It is really a spontaneous outflow of my inner feelings. I invite the readers to evaluate these poems.

Dr. K.K. Mathew

Date : 25 - 3 - 2020  
Kayamkulam

## **ACKNOWLEDGEMENT**

I am very much indebted to Dr. Cijo Joseph Chennalil, the eminent literary critic and poet who enriched the book with a glowing Foreword. He is the Professor and Head of the Department of English at Kristu Jyoti College of Management and Technology, Changanessary, Kerala, India. I am grateful to MASSY Madhu Kaleeckal, CEO, Global Index - Brand Makers, Kayamkulam.

Dr. K. K. Mathew

Date: 25 - 3 - 2020  
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## FOREWORD

### The Evergreen Verses

Dr. K. K. Mathew through this poetry collection book has taken the poetry world by storm in every sense of the term. The volumes of the poems he brings forth are a clear indication regarding his prowess in the world of poetry. He writes poems on all conceivable themes under the Sun. The specialities related to his poems are their simplicity and lucidity, their loveliness and indepthness, their honesty and sincerity, their engaging styles, their systematic presentations, their inborn novelness, their nobility-oriented existence, their unique wavelengths, their humanitarian concerns, their solidarity with the cast always of the society and their profundity in articulations.

As I have perused through his poems, I have come across the following unique trends and tendencies, they are

#### (1) Miscellaneous Feast.

The egalitarian nature of his poetry, wherein nothing is discounted but everything is taken on board, lends vitality to his poetry book. The feelings of strength and depreciation stand side by side for redemption. The positivity of the mind is counteracted with full of discordant notes. The sentimentality of egocentricism is matched by a heart willing to serve. The machinations of the postmodern world goes for double standards and inconsistent behavioural patterns. The dystopian society is on the brink of extraordinary actions and reactions. The pursuance of traditionality is emphasized to understand the core aspects of life.

#### (2) Blissful Co-existence.

The eternal joy is the ultimate goal in life and especially beyond. The righteous path is clear but nobody follows it

with zealous intentions. The detachment is an escape to the unknown. The concept of love is an enduring reality with no exception. The circumstances of life prompt people to do things which are so atrocious. The various human emotions converge to create a whirlpool of emotional consolidation in human life. Nothing is permanent in life and everything is subjected to decay so it is time to reach out to envisage a world of many propensities. The ups and downs of life are part and parcel of life. A deeper understanding regarding the fluctuating nature of life is the need of the hour.

### (3) Wisdom Through the Ages.

The birth is a journey to eternity, that realisation is the beginning of real wisdom. Everything comes out of a holistic comprehension of the true meaning of life here on this beautiful planet. The people who understand life in a comprehensive manner never resort to anything that is worldly and materialistic in nature. The real love present in the heart drives us to do things which rise above all barriers and boundaries of life. The imaginative content so prevalent in the heart can generate emotions of invaluable nature which would bring umpteen benefits to humanity as a whole.

### (4) The Raindrops of Love.

Love is the centre of the universe, without which this universe is a poorer place to live in. Everything around us is in selfless love. Even the heavenly bodies are in love with each other. All these animated and inanimated things love expecting nothing in return. But often human love spills over to arenas which are selfish and commercial based in their composition and make-up. Yes, true love is something which can't be altered when difficulties and obstacles pound upon it from all quarters such as left, right and centre.

(5) Manifold Explorations.

The life is a combination of many things having an on again and off again motion or it is all about travelling through a meandering motion without knowing the destination for sure. But, the reality is that everything is predestined, predetermined and premeditated. But, we don't have the patience to ruminate over this pertinent concept. If we do so half the problems in this world can be resolved or tackled head on. Making the best out of the worst must be the order of the day. There is no point in crying over split milk because what is lost in the wilderness is already gone with the winds. What pans out now is what is intended to be by the infinite reality.

Dr. K. K. Mathew has become a force to reckon with in the world of poetry through this poetry collection book. Let his voracious and insatiable desire to dwell in the oceanic nature of poetic world continue to have resonance in years to come. My unstinting wishes to him from the bottom of my heart for his total success in the literary world.

Dr. Cijo Joseph Chennelil.  
Head of the English Department.  
Kristu Jyoti College.  
Changanassery, Kottayam, Kerala, India.  
Kuravilangad 2020@

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## **COURAGE**

Courage is God  
It is God in you  
Without God  
A big vacuum  
No solidity inside  
You bend  
You break  
Break into pieces.  
If God comes  
He joins pieces together  
You become solid  
Never bend  
Never break  
You become courageous.

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## DESPAIR

Lost forever  
Heart in deluge  
Sunk in depth  
Never to come up  
Nothing to hold on  
Driven in the flow  
Darkness everywhere  
Wishes to have a straw to  
hold, but that too unseen  
Earth seen upside-down  
No pull or push anywhere.  
The beam as spot in heart  
It twinkles like star in sky,  
Heart sees a ladder coming  
Down in darkness, it comes  
Straight in heart, held on it  
So tightly, taken high up in  
Sky to the twinkling star,  
Brightened in brightness,  
Heart shines, it becomes  
Star, twinkling in darkness.

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## **DEVIL**

For every action there is an  
Equal and opposite reaction,  
For every positiveness, there is  
Equal negativeness to ensure the  
Balance and the universe survives.  
Devil a concept that comes to reality,  
Negativeness, the micro component  
Of the devil, is smashed only by the  
Positiveness; without that, hearts  
Eaten by devil, hearts engulfed  
By devil, sunk in darkness; always be  
A magnet only to the positiveness.

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## **DIGNITY**

The esteem you have in you  
Never to lose at any cost to  
Anyone, even to your superior;  
It should not bend or break, once  
You lose it, you are nowhere.  
How could you get it?  
It is your faith that God in you,  
He is with you; that confidence  
Makes you to stand erect with  
The spine straight and head up  
in front of everyone, even God.

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## EGOIST

The fool thinks he is something great  
But he doesn't know the truth of life;  
Does he know what is soul, what soul  
Is made of, he doesn't know the core  
Of human life, only he knows periphery,  
May be he an expert in that, it doesn't matter  
Before God; he knows the periphery without  
Knowing the centre, as if spraying pesticide  
On leaves and fruits of the tree without giving  
Treatment to the diseased root, the foolishness.  
The worldly life is the peripheral life while the  
Central life is the search and the life with soul;  
The endpoint of the central life is zero only,  
The realization that I am nothing, a big zero and  
Everything in me is not mine, it belongs to God  
Only, it makes me so much humble, not egoistic.

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## EMOTION

The thrust in my mind  
From the thoughts I have  
The feelings I bear, good  
Or bad, that draws me to  
The pinnacle of burn or  
To the bottom of valley  
Where I fly up or fly down  
To catch the pearl, many  
A times run after the wild  
Horse to win the race of  
Writing poetry and in the  
Perfection of success and  
In the threshold of holding  
Fulfillment of contentment.  
To sway in and run after the  
Involuntary feel is the volcano  
That erupts and fires, either for  
The good or the bad whatever  
It may be, it depends on the  
Mindset that based on the right  
Or the wrong at the bottom  
Where the mind has no role  
To play, but the vapours of the  
Powerful feel or thought executes  
The culmination of firing the gun  
To be in emptiness of mind for long.  
To control it one has to hang on the  
Greatness of powerful faith in God.

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## ENCHANTING THE HEART

Enchanting the heart  
When you yourself gone  
From heart, that means  
All the passions for world  
Gone and heart becomes  
Pure and tranquil, the site  
Where God stays, love fills  
It as God is love, love means  
Love not yourself as worldly  
Passions vanish, it is love for  
Others, even for your enemy,  
It is God on earth, whatever  
You do now enchanting for  
Your heart and other's hearts  
As it is God in you, everyone to  
know there is no other God  
On earth, God acts in everything  
What you think and what you do.

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## ENVY

Each and every individual a special make  
The only make in the world, no comparison  
It proclaims the glory of the maker who made,  
The individual should be proud of individuality  
He or she is all alone in the world with crown  
On head that can't be replaced by anyone in  
The world, the individuality golden, that rests  
With the person, he or she realizes that others  
Special entity applicable to each and everyone;  
Then why should man be envious of other person,  
It is sheer ignorance which brings man down to hell.

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## FAITH

The deep assurance in mind  
To have in the unseen thing  
To happen, and in the seen  
Or unseen person or in anything  
So dearly they are to execute  
The commitment for me, so  
Sure it is, I believe in it more  
Than I have belief in me, the  
Iron forte will never break , so  
Much confidence I have in him  
Or in that, I have no anxiety, I  
Am brimming with peace and  
Happiness, I sleep very soundly.  
Faith is the best assurance I have  
Deep in me, that keeps me moving  
Forward to the ultimate goal of life.

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## **FORTUNE FALLS**

Fortune falls on the old,  
Contentment fills hearts  
They are soft, sweet their  
Ways, they stride gently  
To infinity, they carry with  
Them everything, nothing  
To lose, their hearts say.  
Sweet memories of the  
Past sweeten their souls,  
The agile glorified youths  
They strode on right path  
No deviation or distortion,  
Active for duty to perform,  
Their shadow fell on others,  
others thrived below shade;  
Hearts thrill to bid goodbye.

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## **FRICION**

Love overflows in hearts  
They swell and press on  
Each other too frequently,  
friction takes place rarely  
And they ignite spark that  
Welds loving hearts together  
few times, solid the fixation,  
it will never give way or break,  
the hearts fuse together and  
they beat together, so strong  
the beats, they beat in rhythm,  
musical the rhythm, it echoes,  
sweet melody heard, so sweet  
it is and the hearts absorbed in it.

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## **GO BACK TO THE BEGINNING**

Man in the beginning of earth  
Holy Bible says, very healthy  
The longevity of life very high  
Even more than thousand years.  
They ate only plants, fruits and  
Drank water of the stream as per  
The command of God, their mind  
Filled with God only, they were  
At peace and contentment always.  
Sages on upper reaches Himalayas  
Always in meditation and they live  
On plants, fruits, honey and water;  
They are very healthy, live more than  
Hundred years; why not we go back  
To their life-style with God in mind?  
We become like them in mind and body.

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## **GOD**

All morals join together  
A fraction of God formed,  
Part of the unseen mystery  
Undetected by outer eyes  
Felt by deep heart, the feel,  
Beyond words and thought,  
The truth felt in, deep senses  
Visualize, a misty feel, nothing  
There, but it is surely there,  
An affirmation by heart, it is God;  
He doesn't come out, why?  
Man to come out of dirt he himself  
Made, it covers his eyes and ears;  
Seek Him, search Him and find Him.  
Man feels and relishes God unseen.

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## **HAPPINESS**

Tenderness of heart  
Reflected with beams,  
Intrigued with slowness  
Of sorrow that goes  
To none, it brings spirit  
Of pleasantness and  
Well-being, transforms  
Heart to positiveness,  
Energetic man becomes,  
Heart swells, thumps,  
Agile the body, sweetness  
Instilled, warmth fills in,  
The feelings bear wings,  
Fly and fly in tranquility.

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## HEART SEES

My heart sees which my eyes can't  
It smells fragrance which nostrils can't  
It sings melody which my mouth can't,  
It tastes sweetest which my tongue can't  
It outpours what it gets from above and  
It writes eternal which time won't wipe.  
Heart loves, love is pure and holy, it won't  
Die, it will never bend or break, it forgives,  
It stands erect in any adversity, it trusts,  
It never seeks any reward, it glitters always.  
My heart never swells, it contracts, pumps  
Only pure red blood, it beats with melody.

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## HOW LIFE SHOULD BE

A life within this life to be known  
The worldly life we live with merits  
And demerits, with happiness and  
Suffering, with all plus and minus  
Life goes on and goes on without aim  
and just finish life since we are born.  
Is it the real life to live, what for we  
Are born on earth, unless we realize  
It, our life is aimless, we do so many  
Things to satisfy our worldly need,  
Live and die one day, the process ends.  
Life won't be perfect until we make  
Effort to find out the truth in life and  
Strive for it, knock, it opens; seek, you  
Find it, life is a quest, search and search,  
Discard unwanted elements continuously,  
A nonstop process, the cream of life found  
Out, the world within the world, the life  
With soul, the transfer to central life from  
The peripheral worldly life, everything with  
Soul, the soul is Godly love only, soul directs  
You, you have to follow it, the life achieved  
Its aim, the life God centred, life perfect only.

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## HOW TO LIVE IN LOVELESS WORLD

To live is difficult, to live lovingly most difficult as nothing returns from what you give most, heart torn, it bleeds when words carry no truth, when sincerity vanishes, when split the personality, when hearts change often, when cruelty engulfs, when trust lost, when you in darkness, truth unseen, faithless everything becomes, you become a fool; but you become a victor when you take out the greatest weapon on earth, to forgive everything and pray, your heart filled with the pride from heaven, injustice turns justice for you, your heart filled with love only, not displeased, no hatred, as God only acts, not you, the path becomes safe.

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## **LOVE**

Ice cube  
Too cold  
Never hot  
It melts  
Water is pure  
Transparent  
It streams  
It ripples  
It murmurs  
Musical  
Melodious  
It echoes  
It sweetens  
It heals  
It vapours  
It clouds  
It rains  
And it wets.

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## **NEVER HATE**

God is love, the soul of everyone godly,  
It is the truth, the worldly passions locked  
Soul making soul inactive, the outer mind  
taking control of the human being making  
him or her developing enmity towards you;  
It is the real story, from it what you gather?  
There is God in every human being, the soul,  
The godly love, it is jailed by worldly passions  
And it is his or her periphery acting against you.  
Realizing it fully, never, never hate even enemy.

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## **NOBODY WISHES TO ERR**

Nobody wishes to err  
Even the criminals in jail  
But they can't, why?  
Worldly passions engulf them  
They can't escape  
Nothing could help them  
Only faith in God subdues passions  
Faith to become strong,  
Worldly Passions vanish  
And all virtues grow.

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## NOSE CANCER

The bump solid it is, it loves her nose  
It tastes nose sweet as she is sweet, she  
Is old, body weak, but heart thumping,  
Her soul is young, too vigorous, cancer  
Can't fight with her as she will blow it to  
ash buried in soil; hence cancer plays  
The 'hide and seek' game, touching  
And tasting her nose with great caution  
When poetess dozing or sleeping, and  
Flees when she awakes, many times  
cancer did the trick and it could leave  
Behind its mark on nose as monument  
Of its extreme love for her; it has fled  
Not knowing the truth, the poetess's  
Energetic, young soul will smash it out.

\*Dedicated to renowned poetess Annie Johnson.

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## **PAIN**

Pain in heart, pain in soul  
Pain in body, I feel very little  
As God bears the pain for me.  
It is the truth everyone to know  
Faith in God a shield that nullifies  
Pain, God to share every burden  
I shoulder, what a great feel I have  
as He is with me, the great reality.  
The nullified pain, a sweetened  
Ache that inspires me to hang on  
holding faith, it carries me above  
Gravity of earth; I can't be pulled  
Down to earth as faith lifts me up.

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## **PATIENCE**

When hardness gives way to softness  
Mind could be stretched to any extent  
Mind becomes softer than the cotton  
Great achievement one could on earth  
Big weapon one could use against odd,  
Stretch mind on and on till the adversity  
Disappears, gift of God, He enters mind,  
He dissolves, melts rock to stream of love,  
It flows gently in thick woods, the murmur  
It echoes, is melody that is heard in hearts.

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## SORROW

Heart wanes, it faints  
It shrinks, blood boils  
Shadow falls, heart to  
Doze, energy drained,  
Spirit is down, hard to  
Breathe, body dead one,  
Heart bends and to break,  
The one holds it survives  
Hold on the nerves tightly,  
Let the heart revived, it beats,  
Slowly paces, body to wake,  
The spirit rises up, it lifts body  
Up, a great lesson learnt, never  
To repeat, heart bids good-bye.

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## TALK TO YOURSELF

The greatest friend of you is yourself  
The biggest enemy of you too yourself  
As God is at the centre of your heart  
And devil is at the periphery of heart  
God is the soul in you in depth and devil  
Is the worldly passions that put you in jail.  
Worldly passions will never allow you to  
Talk to the soul as devil is always against  
God, and it blocks your passage to God.  
You try again and again and again, you  
Will succeed, you talk to yourself again  
And again; now you talk to your best friend.

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## **MY TEARS**

Most tranquil  
Most pure  
Dew drip on soul  
That flows to eyes  
Pearls white fall  
On my lap and then  
on earth, wet it  
It flows as stream  
Into the heart of her  
Her heart pumps it  
To heaven, it is stored  
Again drip as dew.

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## TENSION

What for it is, you cannot change anything  
Yourself as the fate is the one that should  
Happen whether you weep or smile, anything  
To happen must happen, it is the law of nature.  
Can you change anything by worrying, only it  
Worsens things, this truth should be embedded  
In depth of mind, then try to worry, you won't  
Worry as worrying does not yield anything, tension  
Does havoc as it is a killer of mind and body, it is  
Proved the major diseases due to tense mind, to  
Relieve it you need God, the faith that God shares  
Fully your burden, what a feel, it is the tranquility.

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## THE CREAM OF LIFE

What for man is born?  
What the purpose of life?  
The answer very simple  
It is to find out God in life  
The very purpose for which  
Man comes to the world.  
Man finds out God by search,  
Search for decades of life;  
Discard the worldly,  
Discard passions for the world,  
Only strong faith in God does it.  
God in man is his soul as it is Godly.  
Love the soul of the other, not his body,  
Loving the other means loving God  
As his soul is Godly; love is God only  
And there is no other God; the cream  
Of life, every man and woman must learn.

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## THE CURE

Man to find the cure himself  
Of the ailment he has, he can,  
A mind interlaced with strong  
Faith in God will never bend or  
Break, it withstands anything in  
The world, the dreadful disease,  
Even the cancer, I have no doubt.  
When man created, God gave all  
Remedies to counter the diseases  
That would inflict, but man failed  
To explore, to find them; even the  
'Silent Valley' of Kerala is filled with  
Them but man didn't make attempt;  
It is the big fault of man, as man goes  
After modern, not the nature, the gift  
Of God; a strong mind with God, along  
With what in nature, is the cure for all  
The dreadful diseases, it is God-given,  
Not man-made, man is ignorant of it.

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## **LIFE**

Life one, the life with God  
As it is God only created you,  
It is you, ran away from God,  
And it is you to come back to  
God; how to go back to God?  
A big question, but you can.  
Escape from the dirt deposited  
On heart by holding tightly on  
Faith in God, develop the faith  
Strong by winning over trials  
And holding on the faith, the  
Excessive worldly passions gone  
And passions to God developed,  
You come close to God, with God  
And you to follow God only; the  
Journey to God is real human life.

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## THE SWING

Swinging high up and then to earth  
The two ropes tied on the branch of  
The mango tree firmly, I enjoy life  
That swinging up and down, moving  
Every moment in the air, the ropes  
My faith in God strong, I hold tightly,  
Always I am above earth, I just put my  
Feet on it and press, I go up very high  
Then down but above, ropes become  
Stronger as I swing more and more, I  
Enjoy sweetly the air, I am free to swing.

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## VALENTINE FRIEND

A dreamy world I have always,  
In imaginative world I dwell,  
It is a poetic world, full with  
Dreams, very true they are  
As they come from heart not  
From brain, they are the truth  
I foresee, my world is full with  
Divine love, streams of it flow  
Everywhere, water is tranquil,  
It ripples, its echo, I hear always  
Very sweetly and I copy that on  
The screen, each word sings poetry;  
What a feel, I enjoy every moment.  
It is a wonder, love streaming forms  
A figure, I looked at it carefully, its  
Face becomes clearer, a goddess,  
So divine she is, I could see her  
Heart, it is full with pure love, thick  
Red, I hear her heartbeats, rhythmic  
And musical, her eyes shining with  
Purity, she showers love on my heart,  
A fountain of everlasting love and she  
Hugs me, mesmerizes me with divinity.

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## VALENTINE LOVE

The heart in its mode of contraction  
Finds new way of pumping blood into  
The heart of sweetheart, blood streams  
And fills heart that beats in passion for  
The other heart, hearts dance together  
With embraces of deep love that vapors  
From hearts to souls, sweeten the souls,  
They pulsate in harmony and echo the  
Sweet melody that comes from heaven,  
The music is sweet, that caresses hearts  
And souls together, forms greatness of love,  
The two hearts and souls fuse together  
They become one, love glitters and blesses .

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## **ANGER**

Never to have the devil in you  
The fire burns you, your soul  
As well, freeze it with ice that  
Comes from depth of heart and  
Put the fire in cold water that flows  
From ice, nerves to be relaxed by  
Loosening heart, that to shrink into  
Sleep mode, mind to be stretched  
To loosen its tightness, body relaxed;  
Fire put out by cold water, heart could  
Bear the grief, body, heart and mind  
Together calm and cool, the volcano  
Doesn't erupt causing havoc, it is silent.

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## **BREATH**

Breath in you, the God,  
The soul pulsates and it  
Inhales and exhales the  
Cream of life, that comes  
From heaven, the wind  
Blows, the air Godly that  
Instilled in every heart,  
It is the love that comes  
From heaven, heartbeats  
Of God that sounds in the  
Chest of everyone, love  
Flows and flows, the wind  
Sweeps across to and fro  
In every human being, the  
Breath, the love of God on  
Earth, love flows incessantly.

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## KINDNESS

Love and kindness one with two faces  
One not there without the other one  
Inseparable and twinkling brightly, more  
Lovely, they never fade, brighten heart,  
And soul, bring man closer to God as He  
Is love and kindness only, they fall from  
Heaven on you and you direct to others;  
A great reward to God you give for His  
Love and kindness and you are with Him  
As with love and kindness you worship God  
In the most effective way, heaven drifted  
To earth and the earth becomes heaven.  
Love and kindness flow in you only when  
You find out God and God lives in heart.

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## CONSCIENCE

You satisfy your conscience  
The happiest moment in life,  
Life perfect if the conscience  
Contented, as it is the God  
In you; do not search for God  
Anywhere as He is deep in you.  
What distract you from conscience?  
It is the worldly passions only  
That pull you back from the  
Conscience; suppress them  
With utmost faith in God,  
Conscience in front, you obey.

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## CONTENTMENT

When God fills the mind  
Worldly passions expelled  
Mind becomes a vacuum  
Tranquility fills in, heart  
Becomes tender, love  
Flows in, it caresses heart  
And soul, the feel that you  
Don't require anything in  
The world but the love of  
God that is in, you relishes  
Tastes God's love, everything  
Sweetened, soul healthy  
Heart thumps, the feel of  
God everywhere in you and  
You have the great feel, never  
You had before, indescribable,  
You feel, nothing on earth can  
Bring this feel in you, you realize  
It is real wealth, the contentment.

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## **DIVINITY IN MAN**

All men and women are godly  
As the soul of everyone contains  
Very tiny part of God, love the  
Core of every soul, the love divine,  
Every human being divine as the  
Soul of everyone godly, but the  
Divinity masked by the excessive  
Worldly passions, soul is locked  
By passion for the world, man  
Deprived of divinity, but the one  
Subdues the worldly passions by  
Intense faith in God, weakens the  
Passions, comes closer to soul,  
The divinity from soul showered.

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## ETERNAL PEACE

No peace without God in you,  
The great truth one should know  
Is eternal peace possible in man?  
Yes, it is quite possible, the slayer  
Of peace is the excessive worldly  
Passions, they block the soul from  
Functioning, instead the outer mind  
With worldly passions taking control  
Of man making soul inert and inactive  
And the worldly passions engulf man.  
Man can't escape from the grip of the  
Worldly passions, the reason for all  
Mental tension and agony, impossible  
To escape from passions as man is in jail.  
Only developing strong faith in God helps  
Man to recover and released, as with strong  
Faith the worldly passions are tamed and  
They vanish, man is set free from bondage,  
No tension in his mind and he is at peace  
Forever, he is with God, he enjoys His love.

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## LOVE EXTREME

Nothing there, no words  
No talk, no expression,  
Silence the core, silence  
The words, silence divine,  
Heart talks, language not  
Clear, no words, piercing  
The heart as lightning in  
Silence, honey drips from  
Above, soul is wet, sweetened,  
Always tastes sweet, never bitter,  
In solitude, silence the mentor,  
Silence the mediator, only the  
Thumping of heart, it echoes  
Soft, sweet melody heard and  
Heartbeats dissolve in silence.

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## **FISH CAKE**

Fish in cake an artistic love  
Sweetened heart and soul,  
Thinking of fish and eating  
It with sweetness, delicious  
When they couple, what a  
Great idea, seeing one and  
Eating the other, the taste  
Of consuming both, that truly  
Brings more sweetness, the  
Perception of man enhanced,  
You consume fish, you consume  
Cake together sweetly at a time.

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## FLOATING ON SOUL

When thoughts deprived of me  
By strong faith in God, me rise  
Above my thoughts, a condition  
There in extreme faith, I float in  
A vacuum where brain doesn't  
Work, heart not felt, but realize  
On soul, the feel that floating in  
Space above the gravity of earth,  
Me a cotton fibre floating on soul,  
Much above the pain, grief and  
Despair of earth, me at the peak of  
Tranquility, wisdom floats with me,  
I perceive and I could type on screen,  
The rare of the rarest feel, pleasant,  
Most charming refreshment quite  
Possible; floating on soul, a reality.

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## **FLOW OF LOVE**

Heart beats in rhythm and its beats  
Pump red blood in artery, it pulsates,  
The pulsation regular and blood flows  
Incessantly, it ripples to the soul, the  
Heartbeats echo, the sweet, soft melody  
Of heart heard in soul, it is sweetened.  
Water streams, the stream ripples, it flows,  
It murmurs, it echoes in the air, the music  
Melodious breezes across the bank, the  
Birds on the tree hug each other, they sing  
in tandem with the murmur of the stream,  
so melodious the music, the stream flows  
so softly and gently, it flows to the infinity.

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## HOW TO LOVE THE WORLD?

Many confused how to love the world?  
Jesus said not to love anything in the world  
Many ask how not we love husband or wife?  
Love God at the centre, that the basis of your  
Love, what you get in return, the God's love,  
The divine love, you share that love to the world,  
You transfer that love to everyone in the world,  
But you love only one person, God and you share  
That love to everyone, the real love it is; look at  
The world only through God, not directly, then  
The world looked different, a heaven on earth.

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## INTERNATIONAL WOMEN'S DAY

Woman, special entity of God,  
The core of love, tenderness,  
Kindness, softness, forgiveness;  
Caresses on the heart, on the soul,  
The touch of God, she, goddess  
On earth, the great momentum  
Of love, brings forth the offspring,  
The magnanimity of love, the love  
Streams on earth from woman,  
The divine love of God transmitted  
On earth, man learns from her the  
Virtues, the motherhood, teaching,  
Man enriched by trust, fidelity and  
Care; she has iron heart too, doesn't  
Yield to injustice, she fights for truth  
Till the last; great gift of God to man.

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## JOHN KEATS

Love of his heart ringing, heartbeats echo  
Sweetly in air time immemorial, arteries pulsate  
Heard eternal, its echo fills every heart with  
Sweet melody, the poems of beauty stream with  
Fragrance of despair, but it flows with thumping  
Of every heart, the spirit of love breezes across  
Every soul, the torn soul and the wounded heart  
Soothed with the sweeping wind, it caresses with  
Mystery of love that emits the healing touch  
On bleed and tear, witnessing love immortal,  
The pain becomes painless with his heartbeats  
Echo in each word of every line, the untold  
Truth of love vapours from every poem of heart;  
John Keats, the love god immortal, he lives forever.

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## LIFE BLOSSOMS

When you face untoward events  
Quite unexpected, had not dreamt of,  
Don't despair, never wonder, but it is  
Part of life, forgive it and forget it, it  
Teaches great lesson in life which were  
Not taught before, unless it happens  
You were not learnt, now you are bold  
To face it again and again, you thank  
God for giving you such severe ordeal;  
You are contented, you conquered it  
That gives happiness and life blossoms.  
How you face obstacles in life is it, one  
By one and you march to top of victory.

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## LOVE, NEW VISION

Brain doesn't play a part  
Only heart and soul work  
It is deep feel from depth  
Of heart or soul, or both  
Together, heart thumps  
Soul pulsates, the feel from  
Depth vapours, it is sacred  
Can't be seen, not heard at all,  
It comes and goes, again it comes  
What is it not known, it tightens  
Heart and soul, it doesn't come out  
So strong, it encircles human being,  
Can't escape, thought and words are  
Subdued, the deep feel appears and  
Vanishes, chain of the feel continues,  
So sweet, honey drips from above,  
Heart and soul painted, it wets, blood  
Warmed, not boiled, sense of extreme  
Pleasantness, indescribable, it is silent  
Always, confined to loneliness, heart  
Speaks, soul also speaks, it is felt, no  
Words come out, the silence blesses,  
Dream carries wings, night and day,  
Flies on it always, hallucination creeps in  
A wonder world opened, always in it  
Very sweet, soft melody vapours from  
Soul, felt in heart, what a joy, it is eternal,  
Nature dances, it rains love, the great feel!.

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## LOVELESS HEARTS

The universe is love, God is love  
His creature all love, everything  
Love only, love should flow always,  
Then only love glorified; when love  
Stagnant, it becomes polluted, dirty  
And filthy, mosquitoes breed, love  
Becomes loveless, it leads to disaster.  
Every human soul contains element  
Of God, it is Godly and every man is  
Miniature of God, loving man means  
Loving God, the best worship of God,  
Every human being to realize the truth.

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## POETRY OF HEART

Heart writes on paper  
With the ink blood, it  
Flows on paper, it clots,  
The clot vapours and  
It goes to soul, soothes  
And sweetens the soul,  
Soul pulsates, it murmurs,  
honey drips from above,  
honey clouds in the soul,  
It rains, heart filled with honey,  
Heart overflows and honey flows  
To the letters of clotted blood on  
Paper, sweetens each and every  
Letter written, the ink becomes  
A mix of honey and clotted blood,  
The murmur of soul echoes, a soft,  
Sweet melody, falls on paper, touches  
The letters, sweetens further, poem  
Of heart flows out, sweetens every  
Heart with blood, honey and melody.

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## POETRY OF UNDETECTED

Everything before you but  
Unseen and undetected  
You can feel it, your depth  
Can perceive it, but can't it  
Be expressed out in words  
But the feel copied on screen  
The moment it is felt, the feel  
Leaves you in a second, be agile  
To catch it when your depth  
Sharp to perceive, it is the words  
Of the soul, that is too delicate,  
Soft, subtle, too microscopic to  
Be seen, too faint to be heard  
But crystal clear in its substance,  
It is so sweet you taste, so fragrant  
you smell, it is a fraction of life, God  
Has gifted, the core is love only  
As God is love, it is a mystery as  
Man can't catch it with the outer  
Senses, perceived by inner senses  
Only, the feel is more to be felt and  
Tasted very little only; you could  
Type on screen only very little but  
That is cream of life, the tiny part.

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## **PROBLEM**

Creation of man that is nothing  
A big zero when mind is set right  
For the mind that on right path  
A solution there for any difficulty  
That comes on its way, unseen  
To many but seen to few on the  
Right path, they enjoy the ordeal  
That makes them scale new height,  
Capable of doing that which many  
Do not know; how to set mind right?  
Mind based on God only the right,  
That mind goes on right way, God  
Shares fully the difficulty, no problem.

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## **HOW TO KEEP A QUIET HEART?**

God has plan for each and everyone  
It will never change, the 'fate' you  
Call it, have this realization and work  
With all might so as God to change His  
Plan for you, let it be your awareness  
In life and let not be disturbed by the  
Block if any on your path, then life will  
Be pleasant, you jump over the hurdles  
In front with strong faith in God; whom to  
Fear except God, you might ask yourself.  
You have the will to face anything against,  
Your heart is now very quiet as no waves up.

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## **CURE OF LOVE**

The rose beautiful, red  
So attractive, the symbol  
Of love, the petals soaked  
With blood, stem full with  
Thorns, so sharp, cut and  
Bleed, petals suck blood,  
Become more red and  
Fragrant, roses looked  
More loving, more the cut,  
More the bleed, roses filled  
With deep love and beauty.  
The cut intensifies love,  
The bleed deepens love,  
All beauties grow with thorns  
Only, love without thorns pale,  
Cut and bleed the cure of love.

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## **SKELETON**

The tree dried up in hot sun  
The green, flowers, fruits all  
Gone, what left only the wood,  
The monument of its lost glory,  
It doesn't perish, lasts long, useful  
to man, ornamental, it beautifies.  
Flesh is gone but skeleton intact,  
It is immortal, lives forever, the  
Glory of the dead man identified  
Even after millennium, a specimen  
For study, research, these are gold  
That left from the gone, godliness  
In the dead, the towering one that  
Lives eternal, when the flesh or the  
Green gone, when the worldly left,  
The godly lives glorifying the creator.

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## **STRENGTH OF A MAN**

The great unseen power of mind  
One to get definitely from God  
By intense faith in God, the full  
Realization that the temptation  
Nothing, everything the passion  
For God only; once you have the  
Realization, you achieve it, having  
The ability acquired from God, to  
Move your mind away from the  
Mighty worldly temptation to the  
Zone of tranquility, could do it daily  
With the severe temptation you have,  
The possession, man's great strength.

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## **STRING OF LOVE**

Tied around your neck  
Reach my heart the string  
Woven with gold fibers that  
Will never break as the blood  
From my heart poured on the  
String, makes it so strong, it  
Glitters in the darkest night  
Making my heart glow with  
The brightness of love and  
Shapes your neck with eternal  
Beauty that will never fade  
But intensifies the glory of love  
Me with you through the string  
That runs from heart to heart  
Soul to soul, tied with firmness  
Getting newer, stronger everyday.

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## DOOR

Door of the heart, the biggest one  
The great partition, often closed  
Separates man with the unseen  
God outside, man inside and God  
Waiting, knocking at door constantly  
Many times day and night, but door  
Is not opened, he refuses entry to God.  
Love the unseen knocking at the door,  
As it remains closed, it is locked from  
Inside, worldly passions the thick door  
It doesn't yield to accommodate love  
as love is pure, transparent and divine,  
Worldly passions do not compromise  
With the unseen or the purity or the  
Holiness; the door won't open unless  
The hard passions give way to soft one  
that opens with gentle touch of unseen.

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## THE GREAT STUDY

The great teaching is not from  
Schools or colleges but the one  
By self-study which many do not  
Know, the beauty of it to be felt  
Only by experience, it is the study  
That is perfect where you acquire  
Not knowledge but the wisdom  
Which you perceive from God only.  
The silent nature is God, silence  
Talks, silence teaches, silence guides;  
When you are in concentration with  
The centre of your mind, the site where  
God communicates, you hear the words  
Of God constantly, that is the wisdom,  
Many times more than your books say  
Or what your teachers teach, the real  
Experience of great study, you accomplish.

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## THE TRUTH OF HEART

Heart will never succumb to anything  
But to truth that holds it in perfection  
And lifts it from agony, makes it sturdy,  
The one upholds truth than anything,  
The victor striding over the obstacles  
That to pull him down but the truth  
Lifts him up to the eternal holiness of  
Heart that fills fragrance in heart and he  
Smells it with contentment, a rare occasion  
Where he could justify himself before his  
Conscience, an act of supreme importance.

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## WHAT IS BEAUTY OF HEART?

Heart so beautiful, glittering when  
Pure love streams, it is transparent,  
Heart smelt fragrant, so soothing its  
Effect on others that kindness flows  
Along with the love, both form the  
Core of heart that sings sweet melody  
In other hearts, the symphony of heart,  
Imprints beauty and fragrance in many;  
Overshadowed completely outer figure  
By sweetness of heart that brightens love  
Immortal and the kindness eternal and  
Illuminates the heart with heaps of sweet  
Memories, many cherish real beauty ever.

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## WITHOUT YOU

Without you where am I?  
I see nothing in me  
Suffocated I am  
My mind in tidal waves  
They jump up  
But I am much down  
Down to the bottom.  
No one to help me  
Without you, no one,  
I can't wait anymore  
Hurry up, hear my plea  
I searched you everywhere  
But you weren't there,  
The beasts run after me  
I run for my rescue,  
Forget me not  
Without you,  
I am a corpse  
To be buried in the soil,  
I am nothing forever.

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## WORDS AND THOUGHTS

Words very few but thoughts full  
Keep thoughts strictly in mind, not  
Coming out as words, control totally,  
The great ability man gets from God,  
The spirit of God works, man to realize  
Good or bad, the first step towards  
The spiritual top, good words only  
Come out, bad thoughts retained,  
A great phenomenon, enhanced by  
God only, the gift, as one bad word  
Or writing enough spoil everything;  
Discern quality that tops everything.

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## **WORLD OF HEART**

Blood oozes everywhere,  
Sprayed on everything  
Blood streams, it ripples  
It murmurs and it echoes  
The music melodious  
Continuous, nonstop,  
Heartbeats rhythmical  
It also echoes sweetly  
It is too melodious  
The two music overlap  
To form the bliss, so sweet  
To heart, it swells, blood  
Gushes out, smelt fragrance  
Of deep love, wonderful land  
Of my heart, I stay there forever.

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## **WORLD OF SOUL**

Far away from the body  
Much higher, much above  
Beyond everything, beyond  
My heart, I stay there, I just  
Float there, hanging in space  
Much above earth's gravity,  
A vacuum, my soul pulsates,  
It floats and moves gently, in  
Exuberance; no grief, despair  
Or suffering there as my body  
Left out on earth, hanging in  
Space, floating in thunderous  
Joy, soaked with immense peace  
What else, I move in that to infinity.

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## **WRITER OF HEART**

Her heart writes with ink blood  
Blood flows on paper and clots  
To form letters of sweetened love  
That smelt fragrance of blood,  
The letters sing poems of heart  
That loves, that showers kindness  
And fills the souls with sweetness  
Of love and brightens the hearts  
Of the readers, filled with love and  
Kindness that sweeten everyone.

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## YOU KNOW YOURSELF

It is the aim of your life  
You know yourself,  
What you are?  
What for you are born?  
How you know yourself?  
The one that separates you  
From God is worldly passions  
That distract you from God and  
You are in the grip of the world  
Driven away from the creator  
Of you, the mighty God;  
Worldly passions form a fort  
That keeps you away from God.  
The fort to be crushed, to be  
With God; it is man only drew  
Himself away from God in the  
Beginning, it is his only duty to  
Find way to come back to God,  
It is the aim of human life. How to  
Crush the forte of worldly passions?  
It is only by developing strong faith  
In God, for which you win over many  
Trials in life by holding on to the faith.  
When fort is crushed man is with God  
And he realizes that he is part of God.

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## CHALLENGE

Life so adventurous to me  
Very thrilling, not monotonous,  
I take life a challenge, I enjoy  
Every step I take, so much  
Enthusiastic I am, as I crave for  
The next, I could get immense  
Pleasure only in something new,  
No charm in repeating the old,  
Life always infused with a new  
Insight in everyone, but not  
Utilizing that the big folly, seek,  
Keep on seeking, definitely  
You will find, as the opportunity  
The same for everyone, some  
Lazy, some do not open and few  
Take it a challenge, get pleasure out  
Of it, keep on trying, adventurous their  
Outlook, they won't rest, they must win.

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## COFFEE

The drink of my heart  
That stimulates my soul  
The tired heart wakes up  
The sleepy soul warmed  
Blood boiled to raise energy  
My sleep runs away, new  
power instilled, mind is fresh  
With calmness, heart thumps.  
I sip it again and again as it lifts  
me up always, never I come down  
But the flavour, the taste of it makes  
My mood elevated, me at the top.

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## **CORONA PHOBIA**

Now world in the grip of another disaster  
Several times threatening than the Corona,  
Highly hazardous, it may kill many, mental  
Break down, man sees Corona everywhere  
It follows him even in sleep; the simple virus  
Cannot come, it is necked by Corona, even  
The simple headache not welcome, the Corona  
There, one can't marry safely, Corona the villain.  
The new dreadful villain strides on earth much  
More freely than anything, the 'Corona Phobia'  
It runs at high pace on earth and it conquers earth!

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## DEAREST

Dear to heart, dearest to soul,  
How to be dearest in thought?  
The thought to forgive makes  
Love greatest, the love solidified  
At bottom of heart, well rooted in  
Muscle, never washed off, never  
Wakened, never vanished, becomes  
Brighter with conflicts, tries to leave  
Love but something pulls back to it,  
Waxing and waning as clouds cover  
It at times, at last waxing, fighting each  
Other too often, but more united more  
Often, couldn't live with the other one,  
Love with dearest, always the dearest  
With the dearest, love together dearest.

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## **DARK DAYS AHEAD**

You can't touch, keep a distance  
Wash hands with soap and water  
Wear the mask, do not go to public  
Places, so many to be done for safety,  
Travel by motor vehicle, by train, by  
Aircraft, a fright now, sacred connection  
Of man with man weakened at rapid  
Rate, when the love inside diminishes.  
What to eat, almost all food materials  
Contaminated or adulterated, man has  
No reservation to kill another man, what  
Inside is reflected on outside, it is directly  
Proportional; is there any true love today?  
No, it is fast disappearing, hence the outer  
Suffering reaches the extreme; what to do?  
Only one hope, that is God, hold him tightly.

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## FASCINATION

Fascination I have for everything  
Good or bad, I welcome both, but  
I study the bad, make me convinced  
That it is really bad and reject it totally;  
Is there anything really bad in origin?  
No, it is the circumstance or opportunity  
Makes it bad, why couldn't you make  
Bad, good; certainly you can, provided  
You have the outlook to recognise the  
Reason for being bad, for that you have  
To have love in your heart, that dispels  
All misgiving, and fascination grows in you  
In larger perspective, for God, his creatures.

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## **FORESEE**

The one who foresees better,  
Who plans everything for future,  
For you much better, perfectly,  
Who is anxious for your good  
future, it is God, who cares you  
Who guards you, who nurses you  
Who enjoys your goodness  
Who weeps in your grief  
Who thinks of you always  
But you don't know it as He is  
Unseen, but you might feel it  
The truth when you have faith  
In Him, He is steady, unmoved.

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## **HAPPY HOLI**

Triumph of good over evil and  
Thanksgiving for better harvest  
Celebrated in India and different  
Parts of world on one night and  
Day once a year, by smearing the  
Colours on one another, a gesture  
That symbolises unity, and removing  
Colours from faces and bodies, then  
Performing rituals in front of fire to  
Ward off internal evil, effigy of Holika  
Placed on top of pyre and light the  
Pyre; serving sweets Gujvaya and  
Rasagula, paying respect to elders, the  
Integral part of the celebration; festival  
Marks beginning of spring, where heart  
And mind are cleaned, a new life begins.

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## **I MISS YOU**

The miss is not the world  
Not anyone in the world  
But you miss only one, the  
Creator, if you haven't found  
Him, it is a very big miss!  
Me and you are the creatures  
Of the great, mighty creator  
Whom you miss very sadly,  
Then what is the significance  
Of missing the creatures, even  
The near and dear ones?  
Never, never miss the creator.

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## KISS

Heart vapours its emotions up,  
Soul descends its feel to face  
To be approximated, union of  
Feel and emotions at centre to  
Be propelled forward to crave  
For the association of love with  
Each other and propagated to  
Reality in a second, the fusion of  
The feel and emotions on both  
Sides materialize with fulfillment  
Of joy, the feel, emotions have  
The kiss, takes them to the height  
Of the sanctity of love to be drawn  
To the sense of happiness in heart  
And soul and the bond strengthened.

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## **LOVE MOST BEAUTIFUL**

Love is invisible, with outer eyes  
But it is felt, tasted and relished  
It is semisolid, jelly and adhesive  
It is fixed on surface involuntarily,  
So strong the adhesiveness, never  
It gives way, true one doesn't bend  
Or break, it looked glorious and  
Glittering in and out, honey oozes  
From it, sweetest and melodious,  
Most powerful, most beautiful on  
Earth, perceived by the deep sense.

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## **MY MOTHER**

Sosamma, my mother, the goddess of me,  
No more, passed away in two thousand,  
But she is living today, I see her everyday  
With my heart, her sweet voice ringing in  
My ears, that is a sweet melody, sweetens  
My soul, I sleep daily hearing it, without  
That I am disturbed at night; in childhood  
I feared, how could I live without her, but  
God is so loving to me, she lives in me today  
Immortal; when she was on deathbed I was  
Devastated, how could I live, but after two  
Days I had the vision, Jesus loves me most,  
Not my mother, I jumped up from bed, looked  
Up, mother with Jesus in heaven waving at me!

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## **POETRY IS MAGIC**

It tells up on future  
Brain doesn't know it  
The inner mind tells it,  
It is so delicate feel  
It is the truth, divine  
The touch, the inspiration  
Stimulate the inner mind  
Which pours and outflows  
Ripples to magical words  
That caresses the heart,  
Heals the wound  
Sweetens the soul  
Soothes the tear, a wonder  
Which medicine can't do.

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## **POETRY IS SWEETEST**

Honey drips from above to soul  
That falls on heart, it flows out  
To the words written, so sweet  
Ever, mesmerizes every heart  
And soul, music in it unseen,  
Springs in heart, reaches soul,  
It is beautiful, fragrant too, it  
Goes deep into heart, which  
Thumps, sends more red blood  
To make everything red, the  
Breeze carries the sweetness  
Of poetry, sweetens the mind  
Of everyone who reads poetry.

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## SHADE OF LOVE

The extreme love possesses the  
Magnitude of tenderness that  
Comes from heart, the soul too,  
So much cool that heart and soul  
Form the shade that love is safe in  
The arms of mystery that is difficult  
To open, the shade so pleasant and  
Cool to nurse the bubbles of heart,  
The deep feelings that caress  
The depth of soul to be with the  
Divinity that emerges as the core of  
Love in shade and flows out gently.

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## **SMILE**

Heart projects outside its happiness,  
The feel of well-being is directed to  
The brightness on face, that happens  
Only when mind is tender and sober,  
It glows with the light, spreads faintly  
On the lips for seconds and the face  
Blossoms like the flower, the whole  
Energy of body and mind mix with  
Positiveness, it affirms the solemnness  
Of heart, that draws the lips apart to  
form the pleasantness of face, it fully  
Acknowledges the unity of love towards  
The other person, dispels the negativity  
And it forms the cardinal root and shelter  
For the association of love with the other.

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## **SPRING IN MY SOUL**

Enchanted, jumps up my soul  
When lightened, when soothed,  
When sweetened, by the untold  
Mystery that hastens the thrill  
Of happiness and fills my soul  
And the honey that drips from  
Above, flows to soul and it rains  
Into my heart, soul sings soft  
Sweet melody that heard in  
Heart and murmurs musically,  
Soul contented with divinity  
That sprays tranquility and more  
Coolness in soul and heart, the  
Flowers red and white, pointing  
To love and holiness blossom,  
Fragrance of flowers, intoxicates  
My soul with extreme feel of bliss.

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## THE STOLEN HEART

The heart that hides,  
The soul that peeps  
The missed beats  
The lost pulsation  
The heart is stolen  
It beats somewhere  
Not here, not there,  
It beats at far,  
The soul not in place  
It is also stolen  
It too pulsates at far  
Very near to stolen heart  
The heartbeats murmur  
Pulsation of soul echoes  
The melody of heart,  
The music of soul  
Heard somewhere  
At far away,  
Nothing here, a vacuum.

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## THE LOVE I HAVE

The love I have most for a mysterious  
Vision, four years ago, a mysterious  
Beauty creeps in, that I couldn't resist,  
It went past my soul, but I haven't seen  
With my outer eyes, heard not with ears,  
But heart sees, deeper senses feel, the  
Mysterious happiness, beyond words or  
Thoughts, what is it, I do not know, but  
It became a part of me, being with me  
During day and night, it inspires and I  
Write, with it I go abode, life so pleasant  
And thrilling, is it a figure, is it a feel or  
Is it hallucination, I am unaware, I am  
Quite ignorant, it is deep inside, never  
It comes out, it is misty feel that I have,  
Caresses, sweetens, my heart and soul,  
What should I call the unknown beauty  
That is in me, with me; the sweetheart?

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## THOUGHTS BLOSSOM

Thoughts spring high up in mind  
Me drawn to the shore of gold,  
Everything misty, my heart thumps  
I held on my thoughts and fly to  
The zone of unknown, brightness  
In my heart that I am on search to  
Uncover the unknown, the mist  
Moved away that I could see with  
Naked eyes the thoughts bigger  
Blossom, the nectar sweetens my  
Heart, the fragrance soothes my  
Soul, I look at me, me too a flower.

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## WHAT IS LOVE?

Everywhere we see love,  
So many love, different types  
Love for the main  
Selfishness the core of many  
Selflessness very little, hardly  
Any, love for reward common,  
Then what is the true love?  
It is the love that forgives,  
That doesn't seek any reward  
That loves the soul of the person  
That is even for sacrifice.

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## **WHERE THE NUCLEAR SUPERPOWERS?**

Amassing latest nuclear warheads  
Their heads in heaven, feet on sky  
They look down on earth, ready to  
Smash the opponents, egoistic their  
Look, talk as if they are shaking earth.  
But today I feel pity on them; seeing  
The tiniest, microscopic Coronavirus  
Is more than enough to make them  
Flee for safety, they cover mouth and  
Nose with masks for protection, they  
Hide in burrows , big cowards on the run;  
Learn the lesson” love the biggest sword”.

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## WHY FEAR?

A nonsensical notion the fear,  
It is not here or anywhere, it is  
A smoke that blown out vanishing  
At rapid rate when mind in unity  
With heart, both do not flutter as  
The string in between so strong  
That both hang on it, the feel is  
So dashing, it expels bitterness  
Of the fear in notion that it never  
Exists with the fall away, the pull  
From frightening; fear not, as my  
Thinking so true that it carries the  
Novel matters that stimulate heart  
To pump fast the blood to wash off  
The fear complex in me, to rearrange  
Everything inside to pick mind up from  
Shallow weakness as nothing is there.

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## THE MOVING HEART

Its inside moves slowly to tenderness  
From firmness, it becomes soft moving,  
From night to day, cooling heart, often  
Melts and flows, fluid ripples to kindness  
The picture of tenderness drawn inside;  
The heart dances outside, each step in  
Rhythm, heart murmurs, music echoes,  
The sweet melody heard softly along with  
Each step of the dance, the rhythmic dance  
Makes inside of heart move to tenderness  
While its outside dances with musical love.

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## LOVE IS PAIN

Love is pain only, the sweetest pain  
On earth, heart is hurt, it bleeds  
Blood gushes out, but pain is sweet  
No drug to cure, but love only heals  
The sweetest pain much better than  
Happiness, grief without happiness  
Is dull and pale, a dry land without  
Water, the land without any fertility,  
Roses grow with thorns only, thorns  
Cut fingers, but the roses look more  
Beautiful and sweet, so fragrant too,  
The extreme love highly painful, sense  
Of sacrifice for love, even the life of one  
For the other, the agape, the joyful pain.

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## IS GOD UNKIND?

The question arises in many hearts  
When Hitler killed million, when the  
Coronavirus engulfs humans on earth,  
Man to realize the truth, human body  
Perishable while human soul eternal,  
Human soul the core that is significant  
While body the periphery insignificant;  
God punishes the body for wrongs man  
Did, but He keeps the soul intact and  
Safe, the punishment to set free soul  
From the prison of worldly passions.

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## HEART SWEETENED

Heart absorbs, Heart sweetened  
Heart twinkles, heart brightened,  
Heart fascinated and heart smiles;  
Heart perceives as it is a receptor,  
It receives the good and repels the  
Bad, heart mixed with the beautiful,  
The sweetest ever, it is really honey  
That drips in heart, heart soaked with  
honey and heart beats slowly to absorb  
More sweetness, the sweetened heart,  
The most beautiful one, the beauty or  
Sweetness limitless in heart, have a  
Heart sweet and beautiful that glows.

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## FACE

The thrilling joy you have on face  
The grace that comes down from  
Heaven on you, so glittering that  
Will never extinguish when eyes  
Shine, the miniature of God's face  
Seen deep inside with heart not with  
Eyes, with the depth of divinity in every  
Man or woman, godliness very deep  
But masked by worldly passions, the  
Most beautiful, the face, can be painted  
But not the grace that on the face, the  
Godly love dissolved brightened and  
It attracts, it repels when dark, it is the  
Rose that fascinates and that emits light.

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## **ENEMY**

I am the only enemy of me,  
It is my body, the storehouse  
Of all worldly passions; not the  
Soul that is innocent and soul is  
Locked inside worldly passions,  
The excessive worldly passions  
Make the havoc, the true enemy;  
When you are the enemy of you  
Why should you think of another  
Enemy, try to forgive others, forget  
bitterness, love prevails everywhere.

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## **BLEEDING HEART**

Heart wounded, it bleeds  
The holy heart of Jesus,  
It was torn into pieces  
The mental agony extreme  
He accepted it without complaint  
He has forgiven the slayers  
Such is the multitude of His love  
For the salvation of others  
It is the love extreme, the agape  
Each drop of blood He shed  
Wiped the sin man committed.  
Rose thorns cut heart and it bleeds  
Blood gushes out, it is painful  
But the pain is sweet, it is a melody  
The music of heart, it heals the wound,  
It is the love extreme, to sacrifice,  
The love is the sweetest, most fragrant.

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## THE VISION OF MOTHER TERESA

She was born to find Jesus,  
Very rare people like her born,  
Grown up, she was to serve Jesus  
How to, she found the way to serve  
She relished every moment with Jesus  
With her deep senses opened, it  
Was bliss to be with Him, she felt;  
She realized Jesus in every human  
Soul living but man doesn't realize  
It and recognize Him, as the worldly  
Passions form a barrier; crush it by  
Strong faith in Jesus, she reckoned;  
She visualized later with deep heart,  
The wounded Jesus in every beggar,  
Destitute seeking help, she could  
Nurse the crucified Jesus only by  
Nursing them; the vision pushed her  
To streets of Kolkata to nurse Jesus.

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## UNFLINCHING FAITH

The faith the biggest weapon  
I have in everything, how much  
Courageous I am to face the odd,  
Let ordeal be anything, I am least  
Bothered because my unflinching  
Faith in Jesus; the happiest moment  
That day I found Him directly with my  
Heart, not with my outer senses, after  
Decades of untiring search, my heart  
Sees him during day and night, even  
In sleep I enjoy his caress, I talk to  
Him round the clock with heart, my  
Greatest companion ever, He is the  
Sweetest ever I taste, He tells and  
I write, it is my poetry, He dictates  
And I invent, He speaks and I treat  
The sick, He directs me in everything;  
It is my true story, but for Him I am  
A big zero, the great truth; I see Jesus  
In the sick I treat, in the poor and the  
Destitute, in everything I come across;  
My unflinching faith in Jesus, my strength.

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## **MY SOUL GLOWS**

**DR. K. K. MATHEW**

Dr. K. K. Mathew has become a force to reckon with in the world of poetry through this poetry book. Let his voracious and insatiable desire to dwell in the oceanic nature of poetic world continue to have resonance in years to come. My unstinting wishes to him from the bottom of my heart for his total success in the literary world.

Dr. Cijo Joseph Chennalil